# THE COMPLETE #TEAMBLYTH NEYDL HISTORY 2013 TO 2023



#### INTRODUCTION #TEAMBLYTH

Blyth have formed a composite team with our friends at Alnwick Harriers since the leagues inception in 2013. Here we are specifically focusing on the contribution of Blyth's juniors, but it must not be emphasised that Alnwick Harriers have been a part of this journey every step of the way, and we are one big team. In the early years both squads were low on numbers, but in recent years, and in particular for Alnwick, the number of participants has increased to fantastic levels. The support of Mike Telfer, Sue Skirrow and many others from Alwnick over the years has been pricesless. We hope for many years of fruitful co-operation in the years ahead!

This history has been compiled through reports published over the last decade, along with many news reports written by our former team manager Keith Wilshire, or myself. Complete statistics are available for the duration of the NEYDL, although its worth noting that we have not included relays in many of the stats, due to results and runners not always being recorded.

Thank you to all the athletes, parents, coaches, helpers from Blyth and Alnwick over the last 11 years, along with everyone involved in the NEYDL from other clubs.

We hope this rekindles great memories of years gone by, and we hope it provides inspiration for the 2024 season.

Happy Reading! Daniel Njai-Rowney

All historial NEYDL information can be found at www.necaa.info on the NEYDL archive, and by searching power of 10. If we have missed anything, le us know and we will update next time.

### THOUGHTS **#**TEAMBLYTH

One of the great things about the NEYDL, is how it has consistently provided junior athletes with a development pathway. Little has changed with the league structure, but we have seen our joint Blyth/Alnwick team grow steadily over the years to provide less experienced athletes with a valuable base to start from, whilst also providing a good standard of competition for more experienced athletes. From a team manager/coaches perspective, we have tried to always place the emphasis on athlete development rather than maximising points. Its great that we are now in a position where we can really challenge from a team perspective, without the need to compromise athlete development.

The example set by our more experienced athletes (some of whom are now seniors), including Josh, Adam, Ellie, John, Matthew, Alice, Millie and many others has allowed a new generation of young stars to develop.

The relationships formed with our Alnwick team-mates, as well as friends from the other clubs has been a revelation, and is testament to the true spirit of the NEYDL.

The support from our club, with the likes of Calum, Kevin, Ralph and Steve regularly officiating over the years has been fantastic, whilst the foundations were laid by Keith, Craig and Steph many years ago.

The future is looking very bright, it will be fascinating to see what it holds!

Daniel



#### BEFORE NEYDL #TEAMBLYTH

#### **Before the NEYDL**

Thanks to former Club Chairman and Junior Coach Keith Wilshire for providing a brief history of life prior to the NEYDL: In 2008 we formed a composite team with Alnwick Harriers and joined the McCain's UK Young Athletes League, in Division Northern Two North. Seven teams in, Border Harriers, Gateshead 'B', Jarrow & Hebburn, North Shields Poly, South Shields and Sunderland Harriers. Finished third i think in first season. In 2009 we got promoted to Northern 1 North East, where we stayed until 2012 when new format of National Leagues came in (U13/15 one weekend, U17/U20 next). We then joined NEYDL with rest of north east Early days saw several bus trips to Doncaster, York (easier for Alnwick) and we usually got on at Seaton Burn. Events may have been slightly different (U13 Girls ran 75M and 600M). And here is the infamous one of jake doing the steeplechase, he stood there looking at the water for what seemed ages but was probably only a few seconds.





MONKTON ST

#### April 2013

2015

So to the start of a new era – the North East Youth Development League began at Monkton Stadium, Jarrow. For some of the younger members it was their first time on a track and they all tried new events, with Anya Christopher giving an impressive performance in her first ever hurdles race.

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There were victories for Alice Dungworth in the U15 girls 100m, Charlotte Ramsey in the U17 Girls 100m and 200m, while Lydia Lindsay also claimed a win in her 200m run, while Charlie Hedley was an easy winner in the 800m, and is the longest standing NEYDL club record (still stands in 2020). for the boys, wins came in the U13 boys 100M and 200m with Adam Swalwell, while Joey Orange won the U17 boys 1500M race. This meant that Blyth/Alnwick finished in third position on the day. (report by Keith Wilshire)

#### May 2013

Joseph Dungworth took the win with a PB in the 800m, as did James Young in the 1500m showing our U17 endurance prowess around this time. Connor Marshall took U13 victory 1500m to show the depth across all ages. Despite picking up great points in the middle distance events, Our young squad finished down in 4th place, but there was genuine potential for the future.



The second



#### June 2013

Highlights from this meeting included great runs from Connor Marshall (800m) and Charlie Hedley (1500m), with NEYDL club records that still stand. Josh Fiddaman showed a touch of class to claim U13 800m victory, his first of many NEYDL wins. Alice, Taylor and James all took sprint wins, whilst out in the field we picked up good points in the throws.

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#### July 2013

The season concluded at Morpeth, with the team enjoying the recently opened new track. Daniel and Megan Bird made their debuts and did well, Whilst Chris Sheffer bowed out of the NEYDL with a great victory in the 800m. James, Erin and Taylor were all 1500m winners, with James and Chris also picking up wins in the throws. With the combined Blyth/Alnwick squad being light on numbers, it was always going to be hard to challenge for honours and the squad finished 4th out of the 4 teams competing on the day (South Shields didn't show).

Summary: Impressive start to NEYDL life. Great success at middle distance and bags of potenitlal in the sprints. A springboard for the future!

Final League Standings1st Tynedale15 (1966pts)2nd Gateshead 'B' 11 (1548pts)3rd North Shields Poly 8 (1326.5pts)4th Blyth/Alnwick 8 (1225pts)5th South Shields 3 (557pts)

#### April 2014

The new season began at Monkton, with the April meeting always seeing lots of NEYDL debuts alongside familiar faces. For the team to progress, there would need to be more points gained in the filed events and hurdles, but this was always going to be a long and ongoing process. Josh Fiddaman again showed his speed over 100m, whilst Alice was at the sharp end as always over 100m. Debutants Rebecca Barton, Joshua Iley, Hannah Ross-Knight all showed great promise for the future with Rebecca taking U13 shot put 1st place. It was over 1500m where we picked up most points with James and Josh both running out easy winners. The squad were unable to match the depth or numbers of the top 4 squads, and 5th place on the day was a solid result for our 9 juniors.



#### May 2014

It was warm and humid as the Blyth athletes arrived for the second NEYDL meeting of the season in the impressive surroundings of the Gateshead International Stadium. Hannah Ross-Knight and Emily Kennedy were first on track in the U13 70m hurdles. This was both girls first ever hurdles race and they were simply brilliant. Our sole U15 girl was Lucy Ross-Knight. Following her High Jump heroics at the last meeting she focused on the 100m on this occasion. A strong run was rewarded with a time of 15.8s and its worth remembering that Lucy is one of the youngest in her age group and is sure to go onto further great performances. In the 100m Alice ran yet another fast time to finish 2nd in 13.4. Erin was a little short of her best in the 1500m but still finished third and should be proud of her determination.

Alice jumped out to 4.12m which was an impressive PB. In the shot Erin was making her debut but that didn't stop her winning the 'B' competition with a superb throw of 5.40m. Alice finished 2nd in the 'A' competition with a new PB of 6.11m. Well done ladies! In the U13 boys category our sole representative was Josh Fiddaman. His 100% track victory record was maintained in style thanks to a comfortable victory in the 1500m, as well as an impressive win in the 100m (not bad for a middle distance runner!)! In the U15 boys category Adam Swalwell showed sprinting form that will no doubt make his Dad proud! Adam knocked 0.6s off his 100m PB to finish 3rd in the 'A' race. In the 200m he again destroyed his PB to finish 3rd.

Taylor Glover ran in the 800m race, and this talented youngster finished 2nd in a fantastic 2:17.8s. Very few seniors at the club are capable of running this fast, I'm sure a lot more is to come from Taylor. Connor Marshall ran a strong race to finish 2nd in the 1500m race. Finally we were represented by Blyth debutant Adam Wright in the 100m & 200m. Adam is without doubt a fantastic prospect and ran 12.4s in his first competitive 100m race, finishing 2nd to a far more experienced athlete. In the 200m Adam tied up a little in the final 15m but still ran 25.7 to finish 3rd. Alnwick provided four young athletes who performed superbly, meaning we finished the day 5th out of 6. Whilst all athletes performed fantastically the lack of depth was clear to see, meaning a higher finish is impossible with the current number of athletes.

#### June 2014

A squad of 13 Blyth Juniors helped the team to its best ever NEYDL performance to date – 2nd place. The venue was Churchill, and highlights included a sub-12s 100m clocking from Sprint sensation Adam Wright, whilst it was great to see debuts from Bobbi, Thomas and Cameron. Adam Swalwell was in fine sprint form with a brace of PB's, whilst Alice took the win in the 300m. James took a fine U17 800m/1500m double win, with Taylor and Josh making it a 1500m clean sweep for the boys across the age groups. Cameron took a win in the high jump, whilst in the field there was another shot put win for Rebecca and Taylor won the discus. Overall it was a fine team performance packed with depth and quality.

#### July 2014

The 2014 NEYDL season finished in warm sunshine at Jarrow with the Blyth/Alnwick team looking to finish the season off in style.

The sole Blyth U13 was Eleanor Gurney making her debut in the league, and she performed superbly with 2nd place in the 70m hurdles. Alice Dungworth stormed to another victory in the 100m, and followed it up with another 1st place in the 300m in a new PB (43.2s). She couldn't quite make it a hat-trick of wins, but 2nd place in the long jump was a great result. Erin Scott finished 2nd in the 1500m, 1st in the 'B' long jump, and won the triple jump in a new PB (7.79m) to finish with a big haul of points. Ella Wood was making her first appearance in the league and ran a swift 30.0s to finish 2nd in the 200m. Middle-distance specialist Josh Fiddaman was representing the U13 boys, and picked up some great points with 1st in the 100m 'B' race in a new PB (14.1s). A comfortable win in the 1500m maintained Josh's 100% winning record on track this year.

For the U15 boys we have Cameron William, Adam Swalwell and Connor Marshall all in action. Cameron finished 2nd in the 100m, and comfortably won the high jump despite being some way below his PB. Adam finished 1st in the 100m 'B' race. Connor Marshall ran in an exciting 1500m race and showed great confidence to lead from the front in a 3 way battle but eventually slipped to third.

Representing the U17 men were James Young and Adam Wright. James was the sole competitor in the 800m and had the firm aim of setting an outright club record, having equalled it the previous weekend. It was always going to be tough running alone, but James stormed around the first lap in an aggressive 59s, and then gave every last ounce of energy in the home straight to finish in 2:04.5, breaking Chris Lillico's club record by nearly a second. Adam Wright finished 2nd in the 100m, fading slightly at the end after a lightning start. Adam was again 2nd in the 200m in a close finish, and 24.4s was just outside his PB. However the best was yet to come from Adam as in his first triple jump competition in a Blyth vest he hopped, stepped and jumped to a massive 12.32m. Not only did this win the competition by a huge margin, but also obliterated Craig Birch's club record. A great achievement bearing in mind Adam's inexperience at the event.



We managed to put out an U13B 4x100m team, which finished 3rd in a very close race. Alnwick's youngsters also provided some excellent performances and the combined squad can all be proud of themselves. Despite a relatively small team, the high level of performance meant that we finished 4th out of 6 on the day, and have finished 5th in the final league table.



Season Summary: We really lacked depth of numbers, which affected our league competitiveness, however on an individual basis there were many encouraging signs for the future.

> Final League Standings 1st Gateshead 'B' 20 (2007.5 pts) 2nd North Shields Poly 20 (1943 pts) 3rd Birtley 16 (1713.5 pts) 4th Jarrow & Hebburn 12 (1451 pts) 5th Blyth/Alnwick 12 (1301 pts) 6th South Shields 4 (610 pts)

#### April 2015

The NEYDL season kicked off at Whitley Bay on a chilly, but mostly sunny day. U13 girls – We had a very strong turnout in this age-group, with several Blyth track and field debuts. Morgan Stansfield and Ellie Hawkes both acquitted themselves very well on their NEYDL debut. Hannah Ross-Knight stumbled slightly in the 70m hurdles, but still recorded a time just outside her PB, whilst she matched her PB with a good run in the 100m. In the high jump Hannah cleared an outdoors PB of 1.10m to take 2nd in the 'B' string event.

Ellie Morris had a strong day, finishing 2nd in the hurdles 'A' race, with a 13.2s PB giving her a UK Athletics ranking. She took High Jump victory, and scored points for the team in the Shot and the Relay. U15 girls – Anya Christopher put in a great run in the 800m to finish 2nd in the 'B' string race in 2:56.6s, narrowly missing a PB. Anya leapt to a new PB of 3.16m in the long jump, finishing an excellent 2nd in the 'A' event. Mia Hindaugh ran as a non-scorer in the 800m, and put in a great performance running 2:46.2s. Unfortunately Mia pushed so hard she made herself ill and couldn't compete for the rest of the day.

U17 girls – Ella Wood had a great day, with a 14.7s PB in the 100m to finish 3rd in the 'A'race, followed by 31.4s in the 200m, again finishing 3rd. Ella won the long jump 'B' competition with a PB of 3.59m. Ella also ran in the relay. Alice Dungworth sadly couldn't run due to injury, but that didn't stop her throwing a PB of 6.77m in the shot put to win the 'B' competition.



U13 boys – Cole Morton made a very impressive track debut, despite missing his 200m and having to run by himself! In the end his 32.5s time gave him 2nd in the 'B' competition. He also won the 'B' long jump with 3.43m, and threw 11.91m as a javelin non-scorer as well as running the relay. Will Browning ran his heart out in the 1500m, finishing in 6m48s, before coming 2nd in the Javelin 'B' competition. Will also got a late call up to the relay team where the boys finished 2nd.

U15 boys – Adam Swalwell looks like a different athlete this season, and was in imperious form in winning his 100m 'B' race in a PB of 13.2s. More impressive however, was his 300m victory in 42.4s, which gives him UKA G4 ranking. Liam Marsh made an impressive Blyth debut in the 800m, coming 2nd in the 'A' race in 2:36.5s. He also jumped 3.40m in the long jump. Jack Browning was nursing a nasty injury which limited him to field events on his Blyth debut, but he picked up great points, winning the discus 'B' event, and coming 2nd in the shot put 'A' event.



U17 boys – Joe Wren ran in the 100m, unfortunately picking up an injury half way through. However, 13.6s was still a great time considering! Jake Masterman had a strong day, running 25.5s in the 200m to finish 2nd in the 'A' race, before smashing his PB with 56.3s to win the 400m 'A' competition. Jake rounded the day off with another PB, 8.38m to win the shot put 'A' competition by a whisker.

These great performances, combined with equally good performances from Alnwick meant that we finished 3rd out of the 6 teams. This is a very impressive performance, but if we are to catch Houghton & NS Poly, we will need an even stronger team next time. Well done to all the athletes, you all did your club proud.



#### May 2015

The 2nd event of the NEYDL season was hosted by Blyth/Alnwick on a mild but very breezy day at Churchill Playing fields, with the team looking to build on its good showing in the season opener. We were able to field another strong team, and despite being without a few athletes we were bolstered by the addition of Josh Fiddaman, and Ellie Campbell making her league debut.

U13 Girls – In a very high quality 100m 'A' race, Morgan Stansfield (16.4s) ran well to finish 6th, although missed out on a PB. In the 'B' race Hannah Ross-Knight (15.7s) knocked half a second off her PB, which was a great performance. Ellie Campbell finished 2nd in the non-scorers race, in an impressive debut time (15.8s). In the 200m, Morgan (36.7s) battled hard against a brutal wind on the bend to finish 4th in the 'B' race, whilst Ellie Hawkes just missed out on a PB in the 200m (40.9s). Ellie Hawkes also stepped up to the challenge over the 800m, and did well in her first race over the distance (3:24.8s). There was drama in the 70m hurdles 'A' race, as the leading athlete from Houghton had a nasty fall, nearly wiping out our own athlete Ellie Morris. However Ellie kept her composure to win by a large margin (12.7s), getting her a G4 grading and one of the fastest times in the North East this year. Morgan Stansfield has only recently started training over hurdles, and put in a great run (15.7s) in the 'B' race to finish 3rd and beat her PB comfortably. The long jump competition was of an exceptionally high quality, with Ellie Campbell putting in a stunning performance on her NEYDL debut to finish 4th in the 'A' competition (3.66m). This all the more impressive considering she is a year below most of the other athletes. Hannah Ross-Knight was in equally good form, claiming her 3rd long jump PB in a week, to finish 3rd in the 'B' competition (3.24m). The high jump competition took place in very breezy conditions, and Hannah Ross-Knight was some way below her best (1.05m), but this was still enough to claim 2nd in the 'B' competition. Hannah will bounce back very soon I'm sure. Ellie Morris then shrugged off some nervy early jumps to win the competition, and then continue on beat her PB with 1.36m, before beating it again with a massive 1.38m that had the audience captivated. This performance earned Ellie a 'G2' ranking, and puts her into the top 25 in the country. Ellie also took part in the shot (4.25m), although her performance was hindered by the concurrent high jump and 4x100m relay. Ellie Morris, Hannah & Morgan all took part in the relay, with 4th place the reward (64.6s).

U13 Boys - Cole Morton ran well in the 100m 'A' race to claim 4th (15.4s), with Jack Browning also making his 100m debut to finish 4th in the 'B' race (19.4s). Cole was a bit below his best in the long jump, but still took a commanding win in the 'B' competition (3.24m), with Jack making his LJ debut as a non-scorer (2.50m). Cole picked up more great points, winning the Javelin 'B' competition (11.17m), whilst Jack was a non-scorer (5.26m). Will Browning was a bit under the weather so couldn't run, but did great work for the team by picking up good points in the shot-put (2.68m). Cole & Jack were part of the relay team that finished 4th (69.5s).

U15 Girls – Anya Christopher was our sole representative in this age group, although Alnwick provided plenty of athletes. Anya ran a seasons best (2:54.6) to finish an excellent 2nd in the 800m 'B' race, and was a superb 4th in the long jump 'A' competition with a big new PB of 3.45m. The Alnwick girls were able to provide a relay team that finished 6th (60.7s).

U15 Boys – Adam Swalwell was well and truly 'in the zone', as he stormed to a great 100m 'A' victory (12.5s), taking an extraordinary 0.7s off his PB. There was an intriguing battle between Adam and Josh Fiddaman, as sprinter met middledistance runner over 300m. Adam came out on top (42.4s), achieving G4 standard to win the 'A' race, with Josh a couple of seconds behind to take maximum 'B' points (44.5s). Earlier in the day Josh had ran a measured race to comfortably win the 800m (2:18.4). He was some way off his PB, but still achieved a G4 grading. Liam Marsh just missed a PB, but finished an excellent 2nd in the 1500m 'A' race (5:12.9), timing his move on the NS Poly athlete to perfection. Josh (5.31m) & Liam (4.97m), both picked up good points in the Javelin, coming 2nd in the 'A', and 1st in the 'B' competitions respectively. Adam looked in trouble after 2 no-throw in the discus, before launching the implement to an 'A' winning distance (11.60m) on this last throw. Adam, Josh & Liam teamed up with a Birtley athlete to take part in a non-scoring relay.



U17 Women – There were few U17 females across all the clubs, but Blyth had the dream duo of Ella Wood and Alice Dungworth to thank for a massive points haul. In a sensational 100m 'A' race, Alice equalled her own outright club record (13.0s), to finish a narrow third and claim G4 grading, with the winner breaking the all-time league record. Not to be outdone, Ella then smashed her PB by half a second to win the 'B' competition (14.2s). Alice was the only 300m runner, taking maximum points and another G4 grading (44.4s). Ella made her hurdles debut over 300m, and produced a hurdling master class to win (57.6s) the 'A' race. Alice (6.48m) & Ella (5.45m) also picked up great points in the shot, coming 2nd in the 'A' and 'B' competitions respectively.

U17 Men – Jake Masterman was our only U17 male, and picked up big points as expected. 2nd in the 100m 'A' race (12.2s), and a new PB was great reward for his hard work in training. Like Ella, Jake was making his hurdles debut, and had the track all to himself as he took maximum points (68.1s). Jake took max points again in the discus, throwing 18.32m at his first ever attempt at the discipline. All of the above performances, combined with excellent performances from Alnwick, meant another 3rd place finish for the team. However, this time we were a lot closer to NS Poly above us. The increase in performance level compared to the first meeting was clear to see, and shows that the hard work athletes are putting in at training is paying off. There is room for improvement, and space for more athletes in all areas and age-groups, so it would be great to see more youngsters give it a try.



#### June 2015

This meeting at Monkton Stadium was the third event of four this season, and even though a few regulars were missing, we still had a very strong team and crucially many newcomers who performed way beyond expectations.

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U13 Girls - Morgan Stansfield ran in the 100m 'B' race, and put up a solid performance against girls a year older. Her run in the 200m 'A' race was far more impressive, as Morgan smashed her PB with 34.7s. Ellie Morris was a late call up in the 'B' race, and despite claiming that she didn't want to run because it would be 'boring', she flew around the bend to take a commanding win in 31.0s to set an U13 club record. Morgan & Ellie were in action again in the hurdles, with Ellie wining the 'A' race in 12.5s, to match the time she had run the previous day in the schools championships. Morgan had a superb run in the 'B' race, and finished an excellent 2nd, with a new PB of 16.4s. Ellie Campbell was our long jump representative, fresh off the back of winning bronze at the schools championships the day before. She jumped 3.40m into a strong headwind but should be pleased with her progress with her run-up. Ellie Morris was looking to bounce back after a disastrous high jump at the schools championships, and she did so in style, wining the competition with 1.40m, before just failing to set a new league record of 1.47m.

U15 Girls - Rebecca Barton was making her first appearance of the season, and ran well in the 200m to finish 3rd in the 'B' race. Anya Christopher was running in her 2nd 800m in as many days, and ran well to finish 4th in the 'A' race. Rebecca Barton went in the 'B' race in her first attempt at the distance, and did great to finish 2nd. There is great potential for her to improve further once she understands the race craft required for this distance. In the 75m hurdles, Eleanor Gurney backed up her PB performance the previous day with and identical time of 15.6s to finish 3rd in the 'A' race, whilst in the Long Jump Anya Christopher saved her best until last to jump a new PB of 3.51m to take an excellent 3rd in the 'A' competition.

Brand new Blyth athlete Olivia Quinn impressed on her debut, with a 14.7s 100m, followed by an 11.98m Javelin throw to take 3rd in the 'A' event. Rebecca was again in action in the shot put, throwing a new PB of 5.82m, whilst Eleanor gave the event a shot, and did great with a 5.45m throw. The relay team put in a great performance to take 3rd with 60.3s. Alice Dungworth was our sole U17 representative, and in addition to acting as a mentor to the younger girls, she won the 100m and 300m with ease, and came third in the shot put with 6.86m PB. Kyle Mclaren was our only U13 boy, and on his debut he put in a tremendous performance to take 2nd in the boys 100m B race in 15.7s. He also ran in the 800m, and took a superb 3rd in the 'A' race in 3:03.5.

Our U15 boys team was as strong as ever, with Adam Swalwell looking to have won his 100m 'A' race, but was given a controversial 2nd place by the officials. Middle distance mega-star Josh Fiddaman showed he has plenty of speed over 200m to take 2nd in 27.8, taking nearly 4 seconds off his PB. Liam Marsh ran in the 'B' race and took 2nd place. Adam Swalwell continued his great form over 300m to comfortably win the 'A' race in 40.9s, whilst in the 800m Josh narrowly lost out in a sprint finish to finish 2nd in the 'A' race. Liam took 4th in the 1500m 'A' race, whilst Cameron Mclaren ran 14.4s in his non-scoring 100m. Making his Blyth debut was our new specialist Javelin thrower Matthew Fairhurst. He won the competition with ease with a huge 30.52m, easily a club record for his age group. Josh backed this up by winning the 'B' competition with a new PB. Adam won the discus with 12.76m, whilst the relay team narrowly missed out on victory to finish 2nd.

Jake Masterman was our only U17 male, and he demonstrated fine racecraft and a strong finish to win the 800m in an impressive 2:09. In a 400m hurdles showdown against his good friend from NS Poly, he just lost out but ran a big PB of 64.3s. Finally, Jake won his first High jump comp with 1.48m. Again the team finished in 3rd place, and whilst we lacked depth in numbers the quality of the performances was great to see. The final event is on the 19th July at Jarrow, and it would be great to see the team finish the season with a flourish!

#### July 2015

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The season concluded at a sunny Monkton Stadium, with our small squad helping the team to a 4th place finish. There were some fine individual performances with 100m PB for Olivia, a 300m win for Adam and a 400m win for Jake. In the middle distance events Jake scored a win and new 800m PB with 2:05.0, whilst Erin also won her race. Josh Fiddaman was clear winner over 1500m, with PB for Liam to take 'B' race honours. Ellie was 2nd in the sprint hurdles, with Ella takign victory over 300m hurdles. In the jumps, Ellie and Jake were winners, whilst debtant Erin Kutyla was impressive in the shot with a 6.36m throw. Liam and Matthew took maximum points in the throws, with Morgan, Eleanor and Adam all producing great performances.



Season Summary: Our best season to date, with a new crop of young athletes coming through providing us with far more strength in depth. Foundations being built!

<u>Final League Standings</u> 1st North Shields Poly 23 (2345.5pts) 2nd Houghton Harriers 21 (2335pts) **3rd Blyth/Alnwick 15 (1783pts)** 4th Birtley 13 (1539pts) 5th Jarrow & Hebburn 7 (1085pts) 6th South Shields 5 (945pts)

#### April 2016

The combined Blyth/Alnwick team kicked off our YDL season at a cold and windy Hexham on the 1st May. The team was made up of many newcomers, as well as several more experienced athletes. The team finished a fantastic 2nd out of 6 teams, setting us up for a promotion push this season. Below is a report on the performances of each Blyth athlete, whilst our Alnwick teammates also put in some amazing efforts.

U13 boys: Our only athlete in this age group was new signing Michael Timney who finished 5th in the 100m in 16.5s U15 boys: John Wilson was another making his NEYDL debut, and put in a great performance in the high jump with a huge PB of 1.40m to take 2nd place in the 'A' string. John was also 2nd in the 100m in 15.3s although pulled up with injury afterwards. Josh Fiddaman was in typically supreme form. He was 2nd in the 200m 'A' string in 27.8s, and won by a huge margin in the 1500m in 4:32.8. Josh also won the discus in a PB 18.71m

U17 Men: Adam Swalwell put in a fantastic run in the 100m to record 12.5s into a strong headwind, which gave Adam 2nd in the 'A' race. Adam backed this up in the 200m with 25.9s, again taking 2nd, and won the discus with 17.05m which was a big PB. Layton Robinson was making his first Blyth NEYDL appearance, and finished 5th in the 800m in 2:28.3. Layton won the discus 'B' string with 16.70m, just being beaten by Adam. 2nd in the High jump 'A' competition in a new PB of 1.45m was another great performance, and there is potential to jump even higher once his run-up improves. The Relay team which included Layton, Josh & Adam were just pipped into 2nd by Tynedale, running 54.1s



U13 Girls: We had a strong team out in this category, with plenty of great results. Courtney Madden battled the wind to take an excellent 3rd in the 100m 'A' race in 15.8s. She went one better with a stunning 2nd place in the 200m, in 31.0s. She moved out of her comfort zone in the javelin throwing 8.88m into a horrible headwind. Marli Graham was yet another YDL debutant, and started with a brilliant 2nd place in the 'A' long jump with 3.62m. She put in a great 200m performance, winning the 'B' race in a speedy 32.2s. Marli was 4th in the shot put, throwing an excellent 5.12m. Abi Fiddaman has attended many YDL events watching her older brother, but is now finally a fully fledged member of the team. In the 800m took the race by the scruff of the neck, eventually finishing 2nd in the 'B' race in 2:55.8s. She was also 2nd in the Long jump 'B' race with another PB, 3.52m. Abi ran as a non-scorer in the 200m, finishing in 33.9s. We had two relays team out, although only the team containing Abi was valid for points and came 3rd in 64.6s

U15 Girls: Anya Christopher came 5th in 3:02.9 in the 'A' race, and she was not far off her PB with 3.37 in the long jump. Ellie Morris was somewhat below par in the 75m hurdles, running 15.2s into a strong headwind to take 2nd place in the 'A' race. She was in better shape in the shot put throwing a PB 6.42m to take another 2nd place. In the High Jump she maintained her record of never having been beaten in the NEYDL, clearing an outdoor PB 1.49m to win comfortably. Hannah Ross-Knight was making her competitive return after injury worries, and put in a great run in the hurdles to win the 'B' string in 15.8s. She was 3rd in the 100m 'B' race in 16.5s, before sprinting back to the shot put to get in a throw to score valuable team points. Eleanor Gurney jumped a huge PB of 3.63m to take 3rd in the long jump 'B' competition. Olivia Quinn was in imperious form throughout the day. She ran 14.4s to take 3rd in a loaded 100m 'A' race, and followed this up with a stunning 300m victory in 45.7s. The relay team of Eleanor, Ellie, Hannah and Olivia took 3 seconds of the 4x100m U15 club record, finishing 4th in 58.1s



#### May 2016

2016

The Blyth/Alnwick team arrived at a sunny Monkton Stadium for the 2nd fixture in the NEYDL season. With a strong team, particularly in the younger age categories, the target was to win the match. We moved into an early lead, before Tynedale and Gateshead overtook us and pulled away. Despite a great late rush of points we were just unable to topple Tynedale and Gateshead, finishing in 3rd. Once again our team performed superbly, and there were many standout performances, as described below:

U13G: Courtney Madden put in a strong run to secure a 100m PB in 15.0s to finish 4th, although she had to withdraw from the 200m due to injury. Abi Fiddaman stepped up in the 200m finishing in 3rd in the 'B' race. Morgan Stansfield returned from injury, executing her race superbly to claim 2nd in the 800m 'B' race in 2:59.7, just finishing ahead of Abi in a sprint finish. Amelia Fairhurst unfortunately failed to finish her 1500m race, after being caught out by a particularly fast first lap. Morgan was the fastest non-scorer in the 70m hurdles, with a seasons best 15.8s. Amelia cleared 1.10m which was an official PB, and showed she has potential to jump a lot higher. Courtney took an excellent 3rd on her first ever long jump competition, jumping 3.58m. Abi wasn't far behind, jumping 3.50m. The relay team including Abi was 3rd in the relay.



U15G: Blyth Sprint Sensation Olivia Quinn was in great form as usual, running a PB 13.5s in the 100m to finish 2nd. Hannah Ross-Knight was 4th in the 'B' race, just shy of her PB with 15.4s. In the 200m Olivia was 2nd in 28.2s, picking up big points once again. Anya Christopher provided one of the performances of the day, absolutely smashing her PB to finish 4th in the 800m 2:42.5s, whilst debutant Tabby Carling was an excellent 2nd in the 'B' race, easily breaking 3m. In the 75m hurdles Ellie Morris made her usual terrible start, and despite a good recovery was only the 4th fastest in the 'A' race. Hannah Ross-Knight smashed her PB for the 2nd consecutive weekend with 15.3s to take 3rd in the 'B' race. Ellie was in action in the high jump, and despite the event being in some doubt due to standing water on the runway, she continued her return to form with a 1.50m clearance to win the competition. This was an outdoor PB, and Ellie's 6th consecutive NEYDL victory. She also had 3 unsuccessful attempts at the league record 1.57m. Eleanor Gurney took 5th in the long jump, although she is yet to translate her form in training into competition, whilst Anya was 4th in the 'B' competition. Scarlett Carling on her Blyth debut jumped 3.10m. Our shot-putters had to cope with a massive rain shower, but nonetheless performed well with Ellie 4th in the 'A' comp, and Hannah 3rd in the 'B' comp with a PB 3.86m. Eleanor and Olivia proved they are true multi-eventers by giving the Javelin a go, with Eleanor throwing 9.74m and Olivia 7.36m. Olivia, Ellie, Hannah and Eleanor smashed their own U15 club record to finish 3rd in 57.3s in the relay.



U13B: Jack McDonagh put in an impressive performance in his first ever NEYDL competition, taking 4th in the 100m 'A' race in 15.0s, whilst another debutant was Finlay Scott who was 3rd in the 'B' race in 15.7s. Jack was an excellent 3rd in the 200m 'B' race in a time of 32.3s Will Browning put in a great run to get a PB of 3:06.4 in the 800m. Finlay Scott put in a great performance in the javelin, with a 12.80m PB.

U15B: New member Dale Turner made an impressive debut, with the 3rd fastest 'A' string time of 13.2s in the 100m. Throwing sensation Matthew Fairhurst showed he is a strong middle distance runner as well, finishing 3rd on the 1500m 'A' race with a big PB of 5:21.9. Matthew Fairhurst was in his first ever shot put competition and threw a massive 8.82m to take victory and the U15 club record. Meanwhile, new member Dale Turner only had 1 throw, but managed a big 7.03m to show massive promise for the future. Josh Fiddaman was prevented from running by injury, but took big points in the discus by finishing 2nd with 18.04m. Matthew was back in action in the Javelin at the very end of the day, winning the competition with a throw of 32.69m

U17M: Adam Swalwell put in a series of sterling performances, the highlight being in the 100m as he finished 2nd with a time of 12.3s, which is an official PB. Adam was 2nd again in the 200m in 25.1s, just outside of his PB. Layton Robinson had an eventful day, which started with him missing the high jump competition as he was to busy chatting! However he then went an ran a PB of 2:20.6 in the 800m. Layton somehow once again managed to miss the start of the long jump, eventually joining near the conclusion of the event and jumping 3.23m. Adam threw a new PB of 17.07m to take 2nd in the discus. The relay team included Adam, Dale and Layton, and finished 2nd in 53.6s



#### June 2016

We did not have the biggest team for meeting 3 at Jarrow, but the young athletes who were there put in a fantastic effort as always. Courtney Madden picked up a pair of 3rd places in the U13 100/200m 'A' races, with Marli Graham 2nd in the 200m 'B' race.

Marli was 3rd in the Long Jump 'A' comp, whilst Courtney was 2nd in the 'B' comp. Our other U13G was Amelia Fairhurst who performed great in the hurdles, high jump and shot. U15B Matthew Fairhurst was 1st in the 1500m 'B' comp, with John Wilson 3rd in the LJ 'B' comp. John followed this up with a 1.30m high jump. Matthew faced a battle to win the Javelin, coming out on top with 34.73m. U15 sprint superstar Olivia Quinn picked up big points with 2nd in the 100m, and 1st in the 200m, followed by 2nd on her hammer debut.

Anya Christopher ran a fantastic 800m PB of 2:42.3, and followed this with 2nd in the Long Jump 'B' comp. For the U17 boys, regular sprinter Adam Swalwell was joined by Cameron Moore. Only a tenth split the pair in the 100m, with Cameron coming out on top as the boys took big points. It was a similar story in the 200m.

Adam also picked up good points in the discus, as did Cameron in the HJ. Finally, we had Chloe Barrass making her NEYDL debut, and she was an excellent 2nd in the 100m, 200, & Long jump 'A' comps. We finished 4th at this event, behind Wallsend/Gosforth for the first time. However, we came back out fighting at the final meeting.

**OUICK STAT** 147 - the number of Blyth juniors that have taken part in NEYDL

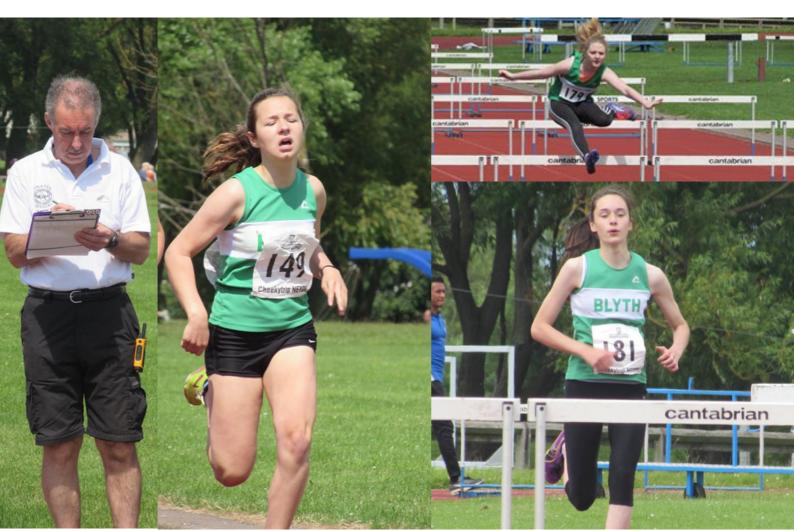


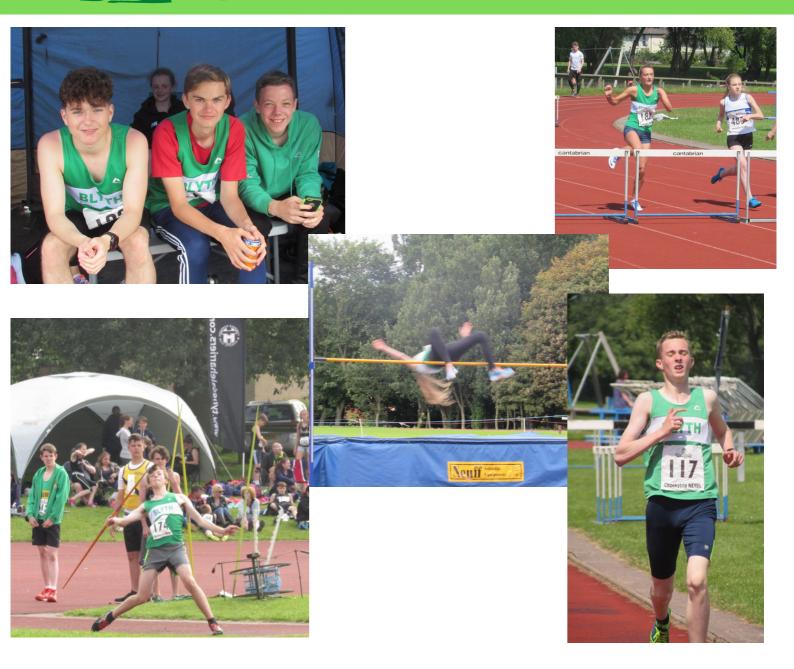
#### July 2016

The season finished with our home event at Whitley Bay, and we were out to put on a good show in front of a home crowd. Jack McDonagh was our only U13B, but he impressed hugely. Firstly, with a 100m PB to take 3rd place, and then with a huge LJ of 4.07m to smash the U13 club record. Courtney Madden also took a PB and club record 14.8s in the U13G races, en-route to 3rd place. Courtney was 2nd in the 200m 'A' race, whilst Amelia Fairhurst was 4th in 'B' race. Marli Graham and Courtney were just outside their LJ PB's but picked up good points, whilst Amelia was 3rd in the High Jump. Marli had issues with nothrows in the Javelin, eventually getting one to stick at 3.60m! She came back fighting in the shot put, with a superb PB of 5.62m to take 3rd place. Our U15 boys had a good day. Dale Turner & John Wilson lined up head to head in the 100m. Dale came out on top by a tenth, although John was delighted with a big PB. Josh came 2nd in the 200m 'A' race on his return from injury, having earlier comfortably won his 800m. Matthew Fairhurst put in a strong run in the 1500m, whilst John Wilson put in one of the performances of the day on his 80m hurdles debut to take 2nd in the 'A' race. John was 5th in the Long Jump, whilst Matthew threw a huge 36.85m in the javelin to take the league record for a short while, before it was beaten elsewhere at another meeting! Mathew and Dale took maximum points with a brilliant display of shot putting. Mathew's 9.96m is a club record.



U15G - Olivia Quinn took 2nd in both 'A' races in the 100m and 200m, against incredibly tough opposition. Anya Christopher had another strong 800m run to take 5th place. Ellie Morris was 3rd in the hurdles 'A' race, with Hannah Ross-Knight equalling her PB for 2nd in the 'B' race. Hannah would then break her PB in the 100m. Anya scored a big PB in the Long Jump 3.57m, whilst Ellie was beaten in the High Jump for the first time ever in the NEYDL (by future teammate Heather Macdonald), finishing 2nd on countback. Olivia was 2nd in the hammer with a new PB, with Ellie also 2nd in the shot put. Layton Robinson won the U17 high jump with 1.40m, and also won the shot put with a huge 9m throw. He was also 5th in the 800m. Our U17 ladies Chloe Barrass and Abi Willis had strong day and picked up good points. Abi was 3rd in the 100m in 13.4s. Earlier in the day on the 80m hurdles debut she starred with a stunning run to take 2nd in 14.4s. Chloe made her debut in the 300m and put in an assured run to take 3rd. Chloe took 2nd place in the shot put, after unfortunately having 3 fouls in the javelin. Our relay teams all performed superbly, with the Olivia, Chloe, Hannah and Ellie missing the outright 4x100m club record by just 0.1s. The team finished the day in 3rd, just a few points off 2nd.





Final League Standings 1st Tynedale 22 (2202pts) 2nd Gateshead 'B' 21 (2143pts) **3rd Blyth/Alnwick 16 (1921pts)** 4th Wallsend/Gosforth 13 (1692pts) 5th Jarrow & Hebburn 8 (1423pts) 6th South Shields 4 (606pts)

#### April 2017

The NEYDL season kicked off at a sunny but windy Monkton Stadium, with the combined Blyth/Alnwick team starting another campaign after 3rd place finishes in the last two seasons. This year we will look to at least match this result, although the focus is on athlete development rather than maximising points.

#TEAMBLYTH

U13B: Our sole U13 boy was Joel Jenkins making his debut a Blyth vest. First up, Joel took part in the shot put and performed fantastically to finish 1st in the 'B' competition and set an age group club record of 4.79m. Joel then ran his first ever 100m in 16.1s.

U15B: Our trio of Dale, John and Alex all train together and formed a formidable team that realised its potential at this meeting. All 3 competed in the 100m, and all 3 scored big PB's. Dale won the 'A' race in an age group club record 12.1s, with Alex and John both running 12.7s. Again, all 3 ran in the 200m with another victory and club record for Dale (24.4s), with John 1st in 'B' race in 25.7 (PB), and Alex 26.5 (PB). John also competed in the long jump and was 3rd despite being down on his best. The trio teamed up with an Alnwick athlete to destroy our NEYDL record and take an easy win with 50.5s.

U17M: Adam, Matthew and Josh were in fine form, with all 3 taking victories. Adam Swalwell first PB'd in the 200m with 23.9s, making him Blyth's fastest 200m runner in 2017 so far. Later on he set another PB to win the 400m in 54.3s. In the same race, Josh ran a PB of 55.4s, having earlier produced an absolutely stunning performance to break the 800m outright club record with 2:01.3s. Josh wasn't drawn in by the 54s first lap from the early leader, and came back strongly in the last 300m to take a fantastic win. Josh later produced a discus throw of 15.89m. Matthew was supreme in his first throws competition as an U17, winning the Javelin (37.62m), Discus (24.41m), and came 2nd in the shot (8.70m).



U13G: Our team of Lauren, Amelia and Abi were in fine form, and encapsulated the spirit of the competition with their enthusiasm and effort. Amelia Fairhurst ran in the 70m hurdles, where she equalled her PB with 16.1s. She then set a PB in the long jump with 3.15m to pick up more big points. The highlight for Amelia, however, was the high jump, where after smashing her PB and wining the contest, she ran the 4x100m relay before coming back to beat her PB again with 1.22m. Abi Fiddaman has been a fantastic athlete for Blyth over the years, but really came of age in this competition. First up in her long jump she smashed her PB to win with 3.76m, and then ran straight to the 800m start where she knocked an incredible 10s off her PB to finish 3rd in 2:45.2s. She also ran a big 200m PB of 30.9s, to become the 2nd fastest over the distance in Blyth U13 history. Making her NEYDL for Blyth was Lauren Garrett, who began with a 200m PB, and then performed superbly in the high jump to clear 1.05m, and she showed clear potential to go a lot higher. All three teamed up for the relay which Abi brought home minus a shoe!

U15G Ellie Morris was first up on track in the 75m hurdles, an event that Ellie has shown huge potential in but struggled to execute on the day. This time she got her start right and was engaged in a huge battle for victory, losing out by a tenth, but can be happy to have equalled her club record. She then ran a big 100m PB (14s), before winning the high jump with 1.46m, after failing her 3 attempts at 1.52m. Morgan Stansfield ran in the 800m, although was some way off her best, but came back to record a 300m PB and pick up good points for the team. Marli Graham had a strong day also, finishing 3rd in the long jump with 3.67m PB, 3rd also in the Shot put with another PB (6.19m), and another 3rd and PB in the 200m (30.2s). So the day concluded with the team in 3rd place. Bearing in mind our relatively small team, it was a stunning performance and the quality on show has not been seen in recent years. All our juniors should be very proud. We would love to have more young Blyth athletes involved and giving it a go as this really is the best platform for young athletes to develop.

#### May 2017

The 2nd NEYDL fixture took place on the 21st May at a warm but cloudy Churchill Playing Fields. Following our 3rd place in the season opener, the Blyth/Alnwick team were looking to build on this and perhaps challenge Gateshead for 2nd. With an astonishing 7 athletes making their Blyth NEYDL debuts, alongside our regular athletes, we had a very strong team in terms of both numbers and quality. Two of those newcomers were in the U13 boys age group, with Ethan Anderson and Josh getting their first experience of an official track and field competition. Josh Martin took 2nd in the long jump and also 200m 'b' event, and was 5th in the 800m 'a' race dipping under the 3m barrier after running in 3rd for the first 500m. Ethan set PB's in the 800m, long jump and shot putt and thoroughly enjoyed the experience. Both boys came together with their Alnwick teammates in the 4x100m relay to take a fantastic victory, in the 2nd fastest time ever by a Blyth/Alnwick U13 team.

Once again our trio of U13 girls were Abi, Amelia and Lauren and they performed fantastically as always. Abi stormed to another fantastic 800m PB, and U13 club record with a time of 2:40.1 to take 1st in the 'b' race. She also took 1st in the 200m and long jump 'b' events. Lauren ran 36.3 in her 200m, and also took part in the high jump. Amelia set PB's in all her events, including 2nd in the hurdles, a 3.18m long jump and also a 1.23m high jump. The relay provided the most unusual moment of the day, as three of the Blyth/Alnwick u13 girls were still doing the high jump as the relay started. Therefore the race started without us having a 4th leg runner, meaning poor Abi had to stop when she realised she had nobody to hand over to!

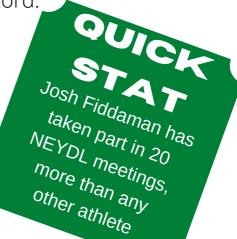


OUICK STAT No Blyth junior has competed in Hammer U17W, U15B, Pole Vault U17W, U15G, Hurdles U13B

Our ever growing U15 boys team picked up big points. John had a strong day, with 1st place in the hurdles, 2nd in the 300m, and 3rd in the 100m 'A' races. Alex was just outside his PB's in both the 100m and 200m but picked up big points, whilst Dale was confined to the throws but still managed 3rd in the 'A' comps for the javelin and discus, with 23.05 in the discus being an U15 club record. New member Jamie Kyle made an impressive debut with victory in the high jump and 2nd in the 300m 'B' race. Matthew Eltringham-Davison was also making his debut and smashed his 100m PB and threw 19.91m in the javelin. The boys came 2nd in the relay, in the fastest time ever by an all-Blyth 4x100m team.

Our 15 girls team was extremely strong, with lots of debutants. Ellie Morris took victory in the high jump, although was disappointed to miss out on English Schools qualifying standard. Cissie Robson was making her debut, and took an impressive 3rd in the 100m 'a' race. She followed this up with a 4.18m long jump and 12.45m in the javelin. Courtney Madden took 2nd in the 100m 'B' race, 3rd in the 200m 'a' race, and 1st in the high jump 'b' event to bring home huge points. Grace Gonsalez was another newcomer who performed superbly on her debut, running the 100m in 15.2s. Freya Grice was yet another debutant, and she got stuck into the 100m and long jump. The relay team was an all Blyth affair, with Courtney, Grace, Cissie and Freya taking 3rd. Adam, Matthew and Josh have proved formidable in the U17 age group so far this season, and this continued with Adam doubling up to take 200m & 400m victories, whilst Josh won the 1500m and was 1st in the discus 'b' event. Matthew Fairhurst completed a hat-trick of victories in the shot, discus and javelin, with his 9.05m shot put being an U17 club record.





#### June 2017

With numbers depleted due to clashing events over the weekend, this was our smallest squad in NEYDL history - but they did themselves proud. Josh Martin produced a brace of great performances, as did Martha Joseph on her debut which included a Javelin 'B' comp victory. John Wilson had performed heroics the previous day at the ESAA combined events qualifiers, and must have been running on adrenalin as he stormed to a 200m PB of 25.5. Josh Fiddaman smashed his 400m PB to take victory, whilst Amelia Fairhurst impressed with a hurdles PB to take 2nd place before winning the high jump. Jamie Kyle took 2nd in the high jump, with John taking max points in the 'B' comp. Matthew took shot put 1st place, whilst Dale Turner, also coming off the back of a pentathlon the previous day, produced some great throws performances. Matthew took Javelin victory, to crown a solid day for our team.



#### July 2017

Churchill Playing Fields have become almost a second home for lots of our young athletes. For many, this is where they train, this is where they often compete. Often in the rain, always with the wind on the top bend, and occasionally in the sun. Therefore, this was a fitting venue for the final fixture of the 2017 NEYDL season. Going into the fixture, we were in 3rd place overall, with Gateshead just above and Wallsend/Gosforth snapping at our heels so all was to play for.

Disappointingly, we just had the one U13 boy taking part, and that was Daniel Njai (Jr) making his full track and field debut. He set his first PB's in the high jump, long jump and shot putt and picked up big points for the team. Our U15 boys squad has been strong all season and today was no different. John Wilson kicked off the day with a storming run in the 80m hurdles, finishing in 2nd with a new PB of 13.1s, the 2nd fastest time of all time for a Blyth athlete. Later on, John ran a new PB of 12.4 in the 100m, again to move to 2nd on the Blyth all-time list, before defying the wind to win the 300m 'B' race just outside his PB.

Dale Turner returned to some sense of normality after his English Schools experience, starting the day with the high jump in which he smashed his PB to win in 1.61m. Shortly after was the 100m, with Dale looking to significantly revise his PB. He did this in style, winning in a Grade 1 performance of 11.7s, breaking his own club record. Later in the day, Dale attacked a strong headwind over 300m to take a huge victory in the 300m to cap an incredible day. Mathew Eltringham-Davison matched his 100m PB before claiming a big new PB of 28.3s in the 200m, recording a time of 28.3s. Dale & John then teamed up in the relay with Alnwick teammates to take a convincing victory, just 0.1s outside the Blyth/Alnwick club record.



In the U17 men's category, Matthew Fairhurst provided an astonishing first for Blyth in the NEYDL – a league record. His Javelin throw of 44.22m is the longest in the history of the NEYDL. A huge well done to Matthew on this achievement. He also won the long jump and shot put to cap an excellent day. Josh Fiddaman was clearly delighted to put his recent injury concerns behind him as he stormed to another convincing victory in the 800m. Adam Swalwell has been a stalwart of our team since 2012, longer than any other current junior athlete. In his first 100m in May 2012 he ran 15.4s. Today, in his last 100m race in this league he set a new PB of 12.2s, testament to his continuous improvement over the years. Adam also took yet another 400m victory, and just for good measure also won the discus. Enjoy your progression to senior ranks Adam!

Our girls more than matched the boy's performance, with a small but hugely talented team in action on the day. In the U13 70m hurdles Amelia Fairhurst ran 3-strides all the way as she came 2nd in her hurdles race and equalled her PB. Later on, she knocked nearly 4 seconds off her 200m PB, before claiming 2nd in the high jump with a 1.20m clearance. It has been a breakthrough season for Amelia. Our only other U13 girl was Zsofi Szabo making her debut in the 200m. She put aside her nerves to run a strong 200m in 34.1s to take 4th in the 'A' race. Later, Amelia was part of the relay team that took 4th.

Ellie Morris, Courtney Madden and Morgan Stansfield are three of our most experienced NEYDL athletes and all had great days. Courtney started with a 100m PB of 14.4s, before producing a stunning display of high jumping to take a 'B' victory with a 1.35m PB. Finally, she stormed to 3rd in the 300m in another PB. Morgan put a difficult few weeks behind her to take a seasons best in the 800m, before taking an excellent PB in the 300m, overtaking her rival on the line. Ellie Morris started the day with a narrow victory in the 75m hurdles. Next up she took her 9th High Jump victory in the NEYDL in the last 3 years, with 1.53m being one her best ever outdoor competitions. She finished up with 4th in the 200m 'A' race with a 30.4s PB. Courtney was part of the relay team that came in 3rd to cap a hugely impressive day.

Our only U17 Women was Chloe Barrass who was another 'veteran' making her final NEYDL appearance before joining the senor ranks next year. She took a javelin victory, 2nd in the shot put and 3rd in the hurdles as well as spending the rest of her time helping out in the shop! So we finished the season in 3rd place in the division, behind two huge clubs, NSP and Gateshead Harriers. This is a great achievement. We have proved again that we have the talent, but we really lack numbers. The whole aim of this league is to give athletes the opportunity to develop themselves.



Season Summary: Another strong season - we actually had twice as many event winners this year (36) than we did last year (18). However, despite the undoubted quality, still numbers are lacking accross some age groups to allow us to finally launch a promotion charge. Would it change in 2018??

> Final League Standings 1st North Shields 24 (2775pts) 2nd Gateshead 18 (2154pts) **3rd Blyth/Alnwick 16 (1893pts)** 4th Wallsend/Gosforth 14 (1837pts) 5th Jarrow & Hebburn 8 (1011pts) 6th South Shields 4 (479pts)

### April 2018

The NEYDL season kicked off with the Blyth/Alnwick team looking to push for a possible promotion challenge for the first time in our history. With a combined team of nearly 50 athletes, we certainly had the numbers – but could we deliver?

One athlete who will surely be a part of any promotion challenge is Heather Macdonald who had a day to remember (not always for the right reasons!). After missing her 100m in error, she was kindly allowed to run alone as non-scorer. Heather produced a sensational run, recording a time of 12.5s which is an alltime NEYDL league record, a Blyth overall Club record and Heathers 3rd ESAA standard in the space of 2 weeks. Later in the day Heather raced again in the 300m, winning with a storming run, and her 2nd NEYDL record of the day. Our 15 girls team performed superbly. Mia Liddell, running as a guest as not yet eligible for team points, finished 2nd in the 75m hurdles in a club record time, before ending as fastest girls in the 100m with a PB and U15 club record 13.0s, before also winning the 300m. Amelia Fairhurst cleared 1.20m in the high jump having smashed her PB with 3.25m in the high jump. Abi Fiddaman ran a seasons best 2:47 in the 800m, whilst Emily marked her NEYDL debut with a 3.23m PB in the long jump before giving it all in her first track 1500. Courtney took 2nd place in the 200m, equalling her PB with 29.0s, before finishing 3rd in high jump.



Our only scoring U13 girl was Ruby making her NEYDL debut, and she was classified 3rd in the 200m 'A' race with 32.3s before clearing 1.10m on her high jump debut. Madeleine Liddell, like her sister, ran as a guest. Madeleine ran a big 200m PB with 30.4s, before taking the U13 club record for 100m with 14.7s Madeleine also took part in the shot put. Matthew Fairhurst produced three winning performances int the shot, javelin and hammer, with a club record in the hammer. We had a strong U17 mens team with Josh taking a brace of victories in the 400m and 800m, before turning his hand to shot putt. John Wilson took 2nd in the 100m, before storming to a PB and victory with 25.1s in the 200m. There was also a 2nd place in the long jump. Mathew Eltringham-Davison took a 100m PB with 13.6s. In the U13's, Chad made his NEYDL debut scoring PB's over 100m, 200m and long jump. Luke ran in the 100m, followed by a brilliant 1500m race and a new 3.00m PB in the long jump. Finally, Christopher unfortunately no jumped on the long jump before setting a PB in the shot put. We finished 2nd overall, setting up the season ahead nicely.



### May 2018

We travelled to Monkton Stadium for the 2nd fixture of the season, with warm conditions making for a fantastic day for track and field athletics. Chad and Christopher were our U13 boys, with both taking part in 3 events in each and putting in a fantastic effort. Our only U13 girls were Madeleine and Ruby, with Madeleine taking a superb 100m victory in a club record 14.6s before finishing 2nd in the 200m, with Ruby first in her heat before recording a 1.15m high jump PB. Disappointingly we did not have any U15 boys in action today, however our U15 girls were superb with Annabelle making her league debut with a strong 800m run, whilst Courtney ran big 100m & 200m PB's to pick up big points. Amelia equalled her high jump PB and was within a few centimetres of her long jump best to take big points. Unusually, the U17 mens age group had the biggest numbers, and picked up a huge amount of points. Josh Fiddaman cruised to a huge 1500m victory, whilst Dale Turner set an U17 club record in the shot put to win with 10.53s, and a huge PB in Javelin with 37.38m alongside a Long jump 3rd place. Matthew Fairhurst took 1st place in the javelin, and also 1st in the discus improving his club record, before taking big points in the long jump. John Wilson scored big with good performances in the shot, 100m and 200m before bringing home the relay, whilst Mathew Eltringham-Davison had a great run in the 100m. Our only U17 girl was Ellie Morris, who won the high jump with ease with an excellent 1.55m. We finished 2nd on the day out of 6 clubs, but in reality this is largely due to Alnwick bringing such big numbers.



### June 2018

The 3rd NEYDL fixture of the season took place at Hexham, with Blyth athletes performing fantastically in the glorious sunshine. Chad equalled his 100m PB before taking nearly 2 seconds off his 200m best, whilst Christopher was close to his PB's in both the shot put and long jump. Our U13 girls team included new member Angel Hunter, who performed fantastically in the 800m running a time of 3:01.9s on her Blyth debut, showing great potential for the future. Madeleine Liddell was up against tough opposition over the 100m and 200m, but scored big points in both to show her quality. Our U15 girls team had a strong day, with Emily scoring a long jump PB before a strong 1500m. Mia was suffering from a bad cold limiting her events, but she still stormed to a huge 100m win and a great performance on her discus debut. Abi Fiddaman ran a fantastic 800m PB, improving on her time from yesterday. Ellie and Heather were our U17 girls team, with Ellie taking the 80m hurdles club record as she finished a close 2nd, before clearing 1.56m to win the high jump, narrowly failing on her attempt at the league record. Meanwhile, Heather was beaten for the first time this season as she was 2nd in the 100m in 12.6s, before storming to a 200m win in an NEYDL league record 25.7s. Finally, our quartet of U17 boys had a great day. Josh took a great 800m win, and smashed his 200m and 400m PB's, whilst John made his 400m debut and went sub 60 with great efforts in the 100m and shot put. Dale stormed to 200m victory minutes after winning the shot put, and scored well in the javelin.

Unfortunately due to our smaller than usual team, we finished 4th on the day dropping us below Tynedale in the league. The final fixture is at Whitley Bay on the 15th July and we would love to see every athlete in the club at U13/U15/U17 level coming and giving it a go as we try and secure 2nd place.



### July 2018

2018

The NEYDL season concluded in wonderful style at a scorching Whitley Bay, in an event that was notable for the number of new athletes and U13's. Whilst we were just a few points shy of Tynedale and so have finished 3rd once again, the day was all about the experience gained by those that took part, and the emergence of a wonderful team atmosphere. Our team of U13 girls were amazing, with Madsie smashing her 100m & 200m PB's, with Ruby also doubling up and scoring a 100m PB. Libby was making her debut and ran a great 100m and went well beyond 3m in the long jump, whilst Eleanor also starred in the LJ before all girls teamed up for the 4x100m relay.

Ellie Allan made her debut for the club - and went and smashed the javelin club record! The U13 boys team matched the girls for enthusiasm and results, with Chad running the 100m & 200m, Kia ran the 100m before a huge javelin throw of over 22m to claim club record, with Sam going #2 on the all time list before smashing his 200m. Christopher destroyed his PB's in the shot put and long jump and the boys then nailed their 4x100 relay. Our U15 girls team did amazing, with Emily recording a huge long jump PB as well as an 800m PB. Sprint star Mia was restricted to throws due to injury, but picked up great points with discus and shot put PB's. Amelia scored a javelin PB and also performed well in long jump, whilst long time member Katie made her NEYDL debut and got PB's in discus, shot and javelin. New member Stewart was our first U15 boy to compete this season, showing huge promise with 3rd in the 100m and a strong long jump.



Our smaller than usual team of U17's (for very good reasons) were exceptional. Mathew scored a 100m PB, with John making his debut in the 400m hurdles. Despite falling at the penultimate hurdle, John ran a great time and showed great promise for the future before scoring great points in 200m and shot put. Finally, Ellie scored her customary high jump victory (her 8th in NEYDL), before making her debut in triple jump and breaking 9m off a short approach. Overall an amazing end to a great season.



Season Summary: Amazing quality, and strong numbers in many age groups were sadly offset by a lack of U15 boys and U17 girls. Furthermore, with several U17's not eligible next year, would we see a new crop of youngsters step up??

### Final League Standings 1st Gateshead Harriers 24 (2870.5pts) 2nd Tynedale Harriers 18 (2189.5pts) **3rd Blyth/Alnwick 18 (1974.5pts)** 4th Wallsend/Gosforth 12(1664pts) 5th Jarrow & Hebburn 6 (1097pts) 6th South Shields/Elswick 6 (1084.5pts)

### April 2019

#### **#TeamBlyth take historic and glorious victory!**

The 2019 NEYDL season kicked off in near perfect conditions at our home track at Whitley Bay this morning. The sense of anticipation leading up to this season has been amazing, and our largest ever team of 19 athletes combined with colleagues from Alnwick to start the season in the most amazing style. What follows is a report of how the Blyth athletes fared, we have also included information on AAA Gradings (indicated by G1, G2, G3, G4). The day started with the hurdles. Our competing athletes went into this event with a fair degree of nerves, but delivered solid performances. In the U13G race Hannah Wilson had a troubled run but was 2nd fastest with 12.8 (G4). Sadie ran her first ever 70m hurdles race and was fastest 'B' runner in 13.0s (G4). Ruby knocked an amazing 3 seconds off her PB with 13.8s.

Millie Train has had a troubled few weeks with injury niggles, but shrugged them off to score a big PB of 13.4s (G4) to take 3rd. Ellie Morris smashed her PB and the club record with 13.7s in the U17 race, before new member Alfie Ward started his Blyth career in style with a club record 16.3s to take 2nd in the U17 100m hurdles race. Next up on track was the 800m, with Lauren Creaby setting a big PB after a fantastic run with 2:54.4 to finish 2nd in her race. Will Browning knocked over 10s off his PB in the U17M race with 2:55.5, a great run. Moving onto the field, Christopher was 3rd in the shot put, whilst Hannah Walker was 4th in Long Jump with 3.51m. Hannah Wilson set a new club record with 16.40m in the Javelin (G4), whilst Sadie scored a PB with 9.99m. In the U13 Long Jump Ruby set an outdoor PB with 3.61m to take 3rd, whilst Millie Wilkinson was top 'B' athlete with 3.48m, just below her PB.



Back on track and it was time for the 100m, the ultimate test of speed. Our U13 girls were on fire. Maya Turner smashed her PB and club record to take victory in 13.9s (G3). Millie Wilkinson was top 'B' scorer with a big PB of 14.4s (G4). Ruby Farrell and Faye Haynes both set PB's with 15.4s, as did Lauren with 16.4s. In the U13 boys race Alex was 2nd fastest with a PB 14.8s, whilst Chad also scored a PB with 15.8s, as did Christopher with 21.0s. Millie Train smashed her PB with 14.8s as fastest 'B' U15 Girl, and Stewart Bestford set a big PB of 12.4s (G4) for 2nd place. Courtney Madden was 2nd placed U17 girl with 14.3s. Back in the field and Alfie Ward to long jump victory with 5.54m, before Hannah Walker set a big new high jump PB with 1.34m to take 2nd place. Stewart Bestford took a fantastic victory in the long jump with a PB 5.11m (G4), before Ellie Morris started her outdoor season with an unusually poor high jump of performance 1.45m, which was still enough to take 1st place, with Courtney Madden setting a new PB of 1.37m to ensure maximum points.

Hannah Walker set another PB in the shot put with 6.48m as first 'B' scorer, before we moved back to the track. The 200m provided great success, with the U13 girls in particular providing a spectacular series of results. Due to the huge number of athletes, there were 4 races, with Blyth winning all of them! First up Hannah Wilson notched up a huge club record with 28.3s to take victory (G1). Sadie Parker won the 2nd race with 28.5s (G2), which was PB, and Maya stormed to victory in race 3 with a PB 29.3 (G3), Millie Wilkinson won the fourth race with a PB 30.9, with Faye Haynes just behind in a PB 31.9 and Lauren also setting a PB 34.0. Courtney Madden was 2nd again in the 200m with 29.5s, whilst Stewart set a PB of 25.3 (G4) to take 2nd in the 200m. Chad Horsman scored a PB of 34.2s in the U13B race, to cap a great series of races for #TeamBlyth. Moving back to the field, and in the U13B long jump Alex jumped to 3.90m for 2nd in the 'A' comp, whilst Chad set a PB of 3.15m. Alfie set a PB in the Javelin with the 700g implement of 21.90m.



Back on track, John Wilson set an outdoor PB of 58.5s to win the 400m, before the 4x100 relays. The U13 UK #1 girls 'A' team stormed to a huge victory in 55.9s, with our second team running a swift 63.5s. The U15 team were 3rd, whilst the boys were 2nd. Our U17 girls set a team record, with the U13 boys 3rd.



The Blyth/Alnwick team won the match by a huge margin. Our best ever performance. However, I can assure you other clubs will be stronger at future matches. To have a chance of promotion we need to maintain this momentum. Thanks also to all our helpers and officials, in particular Steve as Track ref, Calum and Kevin as timekeepers, Diane learning the ropes as track judge, Janice on refreshments, Judith and Aaron on numbers, and Matthew on results, and all who provided supplies.



### May 2019

#### #TeamBlyth take victory at NEYDL meeting 2

The 2nd NEYDL fixture of the season took place at wet and gloomy Monkton Stadium yesterday, with the Blyth/Alnwick team looking to build on their winning start to the season. Our 4 U13 boys were all fantastic, with Joseph taking 3rd place and a PB in 14.6 in the 100m, another 3rd place and PB in the long jump with 3.89m as well as a strong 200m run. Chad was just outside his 100m and 200m PB, showing great maturity in his runs. Alex set a superb 200m PB 30.8s and then smahed his own discus club record with 11.11m.

Christopher had his 2nd best ever long jump performance, and took his first ever 'B' string shot put victory to score huge points for the team. The U13 girls were once again in great form. Ruby was first up in hurdles where she was just outside her PB and she also cleared 1.05m in the high jump. Sadie took a clear first place in long jump with 4.25m, and back this up with commanding victories in the 100m and 200m. Faye Haynes set a long jump PB of 3.04m showing improved technique, before winning her 100m heat and matching her 200m PB with strong runs in far from ideal conditions.

Millie Wilkinson was a bundle of energy all day, and took victory in her 100m and 200m heats. Rebecca Allan set a 200m PB 37.6s, and a huge shot put PB with 4.38m. Her 800m resulted in a third PB of the day! Sister Ellie was in fine form in the throws, smashing the club record in the Javelin with 17.59m which is a AAA grade 4 performance, before throwing well in the shot put. Hannah Wilson went under 2:50 to take an 800m PB, with a lot more to come. She was slightly below her PB in the javelin but came out fighting in the high jump to set a huge new PB of 1.32m for 2nd place.





Our U15 girls team was sadly decreased by a third before the first race, with Millie having to pull out with an ankle niggle, but she stayed on to support her team-mates. Hannah Walker was superb throughout, taking a club record in the discus with a huge 16.99m, and a 'B' string shot put victory with 7.50m. She also won the high jump overall with a 1.30m clearance. Superb! Mae Waters made her debut and was brilliant. She ran 15.4s in her first ever 100m, cleared 1.15m in the high jump despite jumping in flats in very wet conditions, and then ran over the challenging 300m distance, where she finished strongly. Stewart Bestford was our only U15 boy, and he had a mixed day. After winning the high jump in atrocious conditions, he took 2nd in the 100m but was disappointed with his time. He finished his day on a high with a long jump win and PB with 5.20m.

Alfie was similarly our only U17 boy, and he also had a mixed day. A PB in the 100m hurdles (16.2s club record) was followed with a victory in the long jump, and a slightly below par javelin after his first throw was incorrectly called a foul. Our U17 women's team consisted of Erin and Heather, and they both completed the 100m and 200m double with Heather taking solid victories in both, with Erin taking 'B' string wins with huge PB's of 13.8 and 29.1s. The relays finished the day, with the U13 girls team finishing highest with a 2nd place finish. Our Alnwick teammates also had many great results, and this meant that once again we finished top at the end of the day, albeit my a much reduced margin. We are now in a great position to secure our first EVER promotion, but this will only happen if we can get 20+ athletes out at the two remaining fixtures. It was another proud day for the club – lets keep this going!





### June 2019

#### NEYDL - #TeamBlyth in battle for top spot!

As we headed into this fixture, we were clear at the top of the table. However, as expected Tynedale and Blaydon really stepped up in this fixture and was followed as a fantastic battle accross the course of the day. Provisionally we finished 2nd which keeps us on course for a first ever championship.

U13 Girls: Once again, Blyth girls took a clean sweep of every sprint race with some lighting runs. Maya Turner was fastest over 100m with a club record 13.6s, whilst Sadie won her heat in 14.0s. Millie W took a PB with 14.3s, with Faye smashing her PB to win her heat in 15.0s. In the 200m, the results were similar. Hannah Wilson took a storming win in the 'A' race with 28.4s, whilst there were PB's for Maya (28.8), Millie (29.8) and Faye (30.8). In the 1500m, Rebecca ran superbly for a new PB, whilst in the hurdles Sadie was just outside her PB and Faye won her heat superbly on her debut over the hurdles. Hannah Wilson cruised to long jump victory with 4.26m, whilst Rebecca jumped an excellent 2.95m. In the javelin Ellie was winner of the 'B' comp, as she was in the shot put, with Sadie getting a PB in the shot.

Hannah and Ellie performed superbly as the first ever U13 Blyth discus throwers. We had 3 relay teams out, with the 'A' team winning in a lighting fast 55.5s. U13 Boys The boys were on fire today. In the 100m Josh set a club record 13.2s on his NEYDL debut as he took the win. Joseph set a new PB of 14.4s as did Alex Walker with 14.5s. Chad had a strong run with 16.0s. in the 200m Josh took another win, with Joseph setting a PB of 29.6s for 2nd place, and Chad equalled his PB. Christopher knocked an amazing 1m17s off this PB in the 800m in an incredible performance, whilst Connor Taggart took a superb victory on this NEYDL debut for the club over 1500m. Connor won the 'B' competition in the long jump with 3.79m, with Alex 2nd overall in 3.80m. Joseph showed great courage to take on the high jump and he cleared 1.05m for great points!

to victory.





U15 Boys: Owen produced a great run to finish his 100m in 14.0s, and was 5th in the 300m in 47.4s, also jumping 4.03m in the long jump on his NEYDL debut. Our other U15 boy was another debutant for Blyth, with Koffi performing well in long jump, having earlier in the day produced an outstanding high jump competition where he won in a new club record of 1.72m, just 1cm outside of the league record and a huge 12cm improvement on his lifetime best.

U15 Girls: Hannah Walker was focused on the throws today, scoring great points in the Javelin, shot and discus before anchoring the relay team. Mae made huge improvements, smashing her 100m PB with 14.6s, and again in the 200m with 30.1s. Not content with that, she also scored a huge high jump PB with 1.28m to take 2nd place and was part of the relay team.

U17 Men: Alfie Ward was in great form, smashing the 100m hurdles club record by half a second with 15.3s, before winning the long jump and setting a PB of 12.3s in the 100m. John Wilson won the 400m hurdles in 68.9s, and produced solid performances in the 200m and shot put and was an important part of the relay team along with Alfie that finished 2nd in a Blyth/Alwnick NEYDL record.

U17 Women: Erin was a star as she took 1st place in the 100m 'A' race, and was 3rd in the 'B' comp. She also scored a PB of 3.95m in the long jump. Heather took a break from the sprints as she awaits news of a possible ESAA call-up, taking victories in the high jump (1.55m), shot put (7.48m) and discus (15.83m)



### July 2019

*Our destiny awaited....* Heading into the final fixture of the NEYDL season we were on the verge of our first ever promotion to division 1. A top 3 finish was all we needed, and the team responded turning out in great numbers despite it being the start of the summer holidays. The day was notable for the crazy weather, with rain showers increasing in intensity and frequency as the day went on, resulting in several stoppages and athletes, officials and supporters diving for cover. The U13 boys were once against magnificent. Josh Chrisp took a trio of victories in the 100m, 200m and long jump as he showed absolute class. Having landed back from holiday in Florida just a few hours earlier, Joseph Anderson showed amazing team spirit to come and take part in the 100m – and he won his heat! Chad had great runs in the 100m and 200m, with Alex running well in his 100m and winning the discus 'B' comp. Connor Taggart took another 1500m win with a brand new PB, an amazing start to his Blyth career!

Our U13 girls have been relentless this season and had another amazing day. Isobel Wood made her Blyth debut in the 800m, setting a huge PB of 3:09.9. Faye Haynes was nursing an injured toe, but showed amazing spirit with 2nd in her hurdles race, ran a strong 200m in wet conditions, and set a superb new 100m PB of 14.9s. Maya Turner won her 100m by a whisker with another fast time (13.8s), before aquaplaning around the bend in the 200m to win her heat. Sadie Parker took 2nd in long jump and won her 100m and 200m heats but was outside her PB's, perhaps to be expected after a week off training following Scottish combined events. Lauren Creaby smashed her 800m PB with 2:50.0, also performing well in the 100m and long jump. Millie Wilkinson took an amazing heat win on her hurdles debut and equalled her PB in the 100m to win her heat and was just outside her PB in the 200m. Finally, Hannah Wilson showed true class with victory in the 200m equalling her club record (28.3) and took 2nd in the hurdles with an improved performance. 1.35m in the high jump for 3rd place was a solid result as well.



Hannah Walker and Mae Waters were our only U15 girls but put on a great show. Mae ran strongly in the 100m A race and made her discus debut. Hannah scored a 100m PB, won the pole vault with an equal club record, and tried a rotational discus throw for the first time! Stewart Bestford and Koffi Avornyo were out U15 boys and were both on top form. Koffi comfortably won the high jump with 1.65m, whilst Stewart equalled his 100m PB with 12.1s, before winning the long jump. His 200m was not quite as strong, having picked up a slight niggle during the long jump. Alfie was our only U17 male, and he smashed all his events. Victory in the long jump, a new 100m PB of 12.2s and a solid shot put scored great points. We had 3 U17 ladies in action, our most ever!

Erin, like brother Joseph, had just popped off a plane from Florida but produced some amazing performances. She crossed the line in the 100m in the same time as three other athletes, smashed her long jump PB with 4.27m to take 2nd in long jump, and took 2nd in the triple jump on debut! Ellie Morris closed her long NEYDL career with her 13th High jump victory, also scoring great points in the triple jump. Courtney cleared 1.25m in the high jump and had an improved run in the 100m. The relays finished the day, and by now we knew we were champions. The U13 girls took another victory by a huge margin, with the boys just missing out on 1st place after a great battle with Tynedale. Mae and Hannah combined with Alnwick friends to take U15 2nd place, before Courtney and Erin helped the U17 team to a clear victory. Now, it was time for celebration!





Season Summary: Finally it all came together! The incredible quality and number of U13s played a huge role, and whilst we were short on numbers in older age groups, the quality of athletes shone through. Division 1 awaits!

# Final League Standings **1st Blyth/Alnwick 23 (2577pts)**

2nd Blaydon 19 (2189pts) 3rd Tynedale 18 (2141pts) 4th Jarrow & Hebburn / Phoenix Flyers 10 (1629pts) 5th South Shields/Elswick 8 (1353pts) 6th Wallsend/Gosforth 6 (1333pts)

#### May 2022

It was a joyous occasion at Team Blyth and our Alnwick team-mates made their debut in division 1 of the NEYDL at Middlesbrough on Sunday. Against the back-drop of COVID, it was great to see such a large squad of Blyth juniors making the trip, and giving it their all in at times horrendous conditions. Every single athlete scored at least one PB or race win over the course of the day!

#### TRACK

First up was the hurdles, with Abi starting things off with a commanding victory in the U13 girls race, in a new PB of 12.8s. Next up Millie W and Sadie made their debuts at U15 level, both learning with every hurdle and picking up big points.

Moving on to the U13 800m, George produced a solid run, whilst on his T&F debut Grayson ran sub-3 minutes. Great runs from both. In the U15 race Luke S made his debut over the distance, recording 3:06, whilst in the U13 girls race Niamh finished in a fine 4th place in a strong field. Next up Lauren produced another stunning display in the U15 girls race, breaking her own outright club record with a time of 2:27.4 to take 2nd place.

Moving onto the fastest race of all – the 100m. Oscar produced another strong run over the distance, whilst Grayson was close to the head of the field as he impressed with 15.3. William Hall made his sprint debut for the club, and ran superbly. Luke Stewart produced a solid run in the U15 race, whilst Caitlin battled hard in a competitive 100m.

The U15 girls 100m was an exciting affair, with Millie crossing the line in a photofinish, before tripping and falling badly. A trip to the ambulance didn't stop her though, and she returned to race at the end of the day.





Up next was the 1500m, with William Hall recording a superb time under 7 minutes on his NEYDL debut. His older brother Daniel ran in the U15 race, showing great pacing to record 6:26.5

Daniel ran again over 200m, producing a great run. Niamh Adams produced a storming run in the U13 200, taking over 3 seconds off her previous PB, to finish 4th in 31.8s. In the U15 girls races, It was fantastic to see new member Emily Bond on track for the first time, and she ran a PB of 29.2s. Hannah Wilson made her first appearance of the season, and was fastest U15 overall with 27.4s, a fine run. Senna was next up, continuing her positive start to the season with a big PB of 29.4s. In the 300m there was fine performance from Sadie Parker, who took 1st place in a new PB of 44.1s.

The day concluded with the 4x100 relays, we were sadly only able to field a team in the U15 girls race, but Sadie, Millie, Senna and Emily took over 3.5s off the previous club record to take 2nd place in 53.8s, with loads more to come.

#### **FIELD**

The inclement weather provided tricky going for many of the field events, but there was lots learnt and plenty of great performances. In the shot put, Oscar Pichler produced a fine PB of 5.03m, whilst older brother Luke P took 3rd in the U15 age group and Daniel performed superbly on debut. Abigail Huntly produced a solid series to take U13 1st place, with Senna Gorvett continuing to develop in the U15 age group. Millie Train breached 7m for the first time with a new PB of 7.30m, which was a good end to a tough day.





It was great to see several athletes taking part in the Javelin. George Bryce made an impressive debut with the 500g spear, whilst combined-eventer Emily Bond showed great class as she threw 18.22m, which was a club record. Millie T had a challenging time, recording 3 no-throws but she showed great character and will continue to work hard at this event. There was a clean sweep for the high jump boys, with Luke P jumping a new PB of 1.55m to take 1st place, before retiring with a sore ankle. Koffi opened his season with victory in the U17 comp with 1.75m. Later on it was the girls turn, but sadly they faced the worst conditions of the day. Millie T, Sadie, and Hannah all cleared 1.30m, but will hope for more favourable conditions next time!

We had masses involved in the long jump, with many making their debuts. Grayson (3.31m), George (2.77m), Oscar (2.73m) and William (2.55m) all jumped really well in the U13's, with Luke S recording 2.39 in the U15 comp, but sadly Luke P was unable to take the start. Abigail made it 3 wins from 3 events, with 4.02 her best in the U13 comp, whilst Caitlin recorded a PB of 3.23m and Niamh was just outside her PB. In the U15 comp there was a fine 3rd place for Senna with a massive PB of 4.21m, whilst 3.67m from Lauren was also a big improvement.

So that concluded what was a long, cold, wet but fantastic day. Lots of ups and downs, but we must say a huge thank you to all the Blyth officials, volunteers, athletes and parents who made the day possible.



#### June 2022

Blyth/Alnwick continued their division 1 campaign today at Middlesbrough, and it was a day filled with drama, excitement and amazing performances.

Oscar Pichler and Grayson Kelly were our only U13 boys, but they were superb. They were both just outside of their PB's in the 100m, whilst in the long jump Grayson set a new PB of 3.48m whilst Oscar was just 1cm outside his PB with 3.02m. Both boys showed enegy and passion throughout! In the U13 girls category, Abigail had another superb day. She stormed to a win in the hurdles, before taking 2nd in the long jump with an excellent series and a best of 4.11m. Arguably the best was yet to come though in the shot put, as she added over a metre to her PB with a throw of 8.16m to take first place with an AAA grade 2 standard.

Niamh Adams was superstar once again. She produced a fine 800m, holding off her competitors with a great tactical performance. She ran a superb 200m bend against strong competition, and set a new long jump PB of 3.18m Caitlin Creaby took a brilliant and brave step away from her usual sprints as she took on the 800m. Her time of 2:52.02 was a fantastic debut over this distance. She produced another fine 100m race, just outside of her PB to complete her day.

Luke Pichler was our only U15 boys, but what a day he had! 1st place in the high jump with 1.60m was followed with a huge new shot put PB of 10.11m to take victory, before he breached 5m for the first time in the long jump with 5.18m.

Our U15 girls were once again in fine form. Emily Bond, Hannah Wilson, Sadie Parker and Senna Gorvett all produced hugely committed and attacking runs, to take massive points for the club and build towards their pentathlons next weekend. Emily and Hannah attempted to squeeze in their long jump at the same time, sadly Emily was just over the board on both of her attempts, whilst Hannah produced a superb jump of 4.84m to take victory and an U15 club record. In the javelin Sadie made her debut in this event, launching the spear out to just under 13 metres, whilst in the shot put Hannah launched the 3kg ball out beyond 8m, with Senna also performing well. In the high jump Emily took 1st place with a seasons best 1.45, whilst Sadie cleared 1.30m before withdrawing as a precaution, whilst Senna equalled her SB with 1.25m.

Lauren Creaby took 2nd place in the 800m in 2:26.82, it was another fantastic run from this young athlete who is first year in age group, as are all our other girls who competed today.

Millie Wilkinson flew over 100m, and in another tight race took 2nd place, a fraction outside her PB with 12.85s. She also ran her first 200m of the season, producing a strong run with lots learnt. The girls produced one of the highlights of the day late on in the 4x100m relay, as they produced an incredible outright club record of 52.44s, to take a memorable victory.

Koffi was our only U17 boy, fresh from his incredible 1.90m high jump the day prior, and he took a comfortable victory without the need to be at his best. Millie Train was again our only U17 girl, and she was full of energy and fight all day. A solid shot put and her first valid javelin throw were good, but her high jump was even better as she smashed her PB with a 1.45m clearance to set herself up for her first ever heptathlon next weekend.

Once again numbers were low, but there are valid reasons behind this. We are building for the long term and we are proud of each and every one of you that competed today! A special thanks to Ross for the photos as always, and Nigel, Helen, Judith and Martin who acted as officials all day.





#### July 2022

Our Blyth juniors made the very most of their day in the sun at the NEYDL Season finale at Morpeth yesterday. Amidst soaring temperatures and zero cloud cover, one of the biggest challenges was managing the conditions and finding shelter.

We will start wit the U13 girls, with Poppy Wilson making her Blyth debut, joining our regular trio of Abi, Niamh and Caitlin. Abi stormed to yet another hurdles win, getting close to her PB with 12.1s, and followed up this with a 1st place and PB in the 100m (13.8s). The best was yet to come though, as Abi set a big new PB and club record in the shot put with 8.31m. Caitlin set the track alight once again, taking a new PB in the 100m with 15.0s, and a 2nd place in the 200m B race. Niamh committed early in her 800m, and was rewarded with a 3rd place in trick conditions for distance running, before a strong 200m run and a new PB of 3.20m in the long jump. On debut, Poppy went through all the ups and downs of the NEYDL but returned some great performances. 2:55.10 was good enough for 2nd in the "B" competition in the 800m, and she recorded 15.30 in the 100m. She finished the day on a massive high, clearing an incredible 1.35m in the high jump to take victory with a grade 2 standard.

The U13 boys included Frankie making his NEYDL debut, and Grayson who was in fine form. Frankie started in great style with a convincing victory in the 800m with 2:46.4, before a 3rd place in the "B" 100m and 4th in the "A" 200m. A brilliant days work for Frankie! Grayson took a brilliant 2nd in the "A" 100m, with a big new PB of 14.8s. He wasn't quite able to get his run up right in the long jump, but still scored great points for the team.

We didn't have any U15 boys on this occasion, but we did have one U17 – Koffi Avornyo making his final appearance in the NEYDL as he will be to old next year! After his 7th place finished nationally at the ESAA Champs last weekend, Koffi decided to try some different events, and produced fine performances. 11.9s in the 100m and 5.68m in the long jump were both big personal bests. Koffi took 4 victories in 5 NEYDL meetings since 2019 and has been a fantastic servant to the NEYDL team. Our U15 girls stepped it up yet another notch. Emily Bond smashed her own club record with 12.0s in the 75m hurdles for 2nd place, before winning the long jump and setting a new PB in the shot put. A very encouraging days work. Sadie jumped the 2nd furtherst of all in the long jump, despite some runway challenges, and produced her 2nd best ever shot put performance. She comfortably won the 200m "B" race, to cap a strong day after a month interrupted by injury and isolation.

Lauren took 2nd place in a hard fought 800m, which was one of the most entertaining races of the day. She also ran the 200m, scoring a superb sub-30s clocking. Hannah set a PB in the hurdles of 12.4s to win the "B" race, and took victory in the high jump with a seasons best 1.50m. The highlight was her 200m, as she smashed her PB and the club record to take 200m victory in 26.0s. Millie W took on the 100m, and in another hard fought place took 2nd place in a photo finish, and was rewarded with a wind-legal club record of 12.6s. Senna Gorvett took a big shot put PB with 7.42m, and produced a sold high jump. She then made her 300m debut with an excellent 4th place finish 46.2s. Millie, Hannah, Sadie and Emily ended the day in style with a commanding 4x100m relay victory in an outright club record 51.9s.

Millie T was again our only U17 female, and she was a star in the sunshine. A PB in the hurdles of 12.5s also gave her victory, whilst she scored great points in the javelin and took 2nd in the high jump with 1.45m.

Our Alnwick teammates also scored valuable points, and it was a great team effort from everyone, including the parent volunteers who once again made the day possible.

This year has been standout for the quality of the performances across all age groups. We the amount of victories and high placings across every age group has been astounding. However we are a far smaller squad than all others in the division so next year we will need to increase numbers to stand a chance of remaining in the top flight. We need more coaches (and officials) to enable us to develop the club and more athletes. Lets make this happen!





### **April 2022**

The NEYDL season began at our "home" track at Whitley Bay, with 20 Team Blyth athletes joined by our Alnwick team-mates on a cold but bright spring day. It was made possible by our fantastic volunteer and officials who all were incredible, with special thanks to Claire for the face-paints and colour. Here is how the day unfolded:

#TEAMBLYTH

#### U13B

Oscar Picher scored a new PB in the 100m with 16.7s, before setting an outdoor LJ PB of 3.15m in tricky conditions and picking up solid points in the shot.

George Bryce was just outside his PB in the 800m, with Jamie Floyd setting a PB of 2:56.9. George was in action again later in the javelin, launching the spear to 9.96m.

#### U15B

Luke Pichler was in good form – beginning the day with an all-time league record in the 80m hurdles – 11.5s which was also a new personal best. Victory in the high jump and 24.0s PB for 2nd in the 200m concluded a solid days work. Luke Stewart produced a fine run in the 200m to score a new personal best, and scored great points for the team in the shot put with a PB.

James Green took on the 1500m, recording a fantastic 6:03.7 on his NEYDL debut for the club.

#### U13G

Caitlin Creaby showed great experience and maturity across the day, supporting other athletes. She was rewarded with 3 fine PB's, 14.6s in the 100m, 30.4s in the 200m and 1.20m in the high jump as she scored huge points. Aman Sanghera made her club debut, and produced a superb run in the 100m and will have learned lots from the day.

In the 800m, Sophie McGarr and Olivia Patrick both produced brilliant runs on their first time over the distance, with lots to build on. Olivia stepped up in the long jump, showing natural ability with a best of 2.99m

#### U17W

Millie Train was our sole U17, and she delivered solid performances in the throws. 8.60m in the shot put was a massive outdoor personal best, with 17.94 her best into the wind in the Javelin.

### 2022

#### U15G

We had 9 athletes in this age group, and they all had plenty of ups and downs throughout the day. Hurdles started the day – with Blyth taking maximum points. Hannah Wilson and Sadie Parker both scored PB's of 12.2s to win their heats, with Senna, Hollie and Millie also running well.

#TEAMBLYTH

In the 800m, Lauren took victory, and was just outside her PB, with Darcey Hirst running superbly on her 800m debut running 2:39.6. Niamh Adams was a fraction outside her PB as she continued her strong start to the outdoor season.

In the 100m, Millie Wilkinson did not execute her best race, but was able to secure a narrow 1st place with a sub-13 clocking, whilst Hollie-Anne Sudder scoring a PB of 14.1s. In the 200m, it was maximum points again for Blyth with Hannah Wilson winning the 1st heat, and Sadie Parker winning the 2nd. Abigail Huntly was fasted non-scorer after a fully committed run.

In the 300m, Senna ran a well paced race to secure a new PB of 45.3, but was just pipped into 2nd place, whilst Darcey Hirst ran well on her first attempt over the distance.



In the field, Abigail Huntly leapt out to 4.12m in the long jump, demonstrating technical improvements, with the spirited Niamh Adams not far away from her PB. It was yet another lockout for the top places in the top points paying positions in the high jump, with Hannah and Senna both clearing 1.50m as they showed good early season form. Hollie was 2nd in the javelin, with conditions very tricky for the spear-throwers, whilst Sadie (8.38m) and Abi (7.65m) scored maximum points once again for Blyth in the shot put, with a

superb PB of 4.81m for Niamh.

The day finished with the 4x100m relay, with our scoring team of Millie, Hannah, Abi and Senna taking a commanding win with 53.0s, whilst our non-scoring team of Hollie, Niamh, Darcey and Lauren were superb as they recorded a time of 59.0s, running against U17's

It was a brilliant day all round – balloons, facepaints, cakes and laughter filled the blyth tent area. Athletes worked hard and tried new events and stepped out of their comfort zones. We lack the numbers of other athletes – but we make up for it in performance levels, spirit and determination. We can't wait for the next one!



#### May 2022

he NEYDL season continued on Sunday, with 14 of our juniors teaming up with a small group from Alnwick as we looked to build on an impressive start to the season. Windy conditions made for some very fast sprint times, whilst proving challenging in other events.

#TEAMBLYTH

Hurdles Started the day as always. Emily Bond looked very sharp as she stormed to victory in the U15 Girls race, meanwhile Isla Bell completed her first ever outdoor hurdles race with an astonishing 13.55, just a week after a DNF at the NECAA champs.. Luke Pichler made a superb start as he romped home in the U15 boys race, only an illegal wind reading denying him a league record.

In the long jump, Emily made it two wins in the space of 10 minutes as 4.67m was enough to secure the victory, with Senna picking up solid points as well. In the Javelin Emily scored more solid points, with Jamie also throwing the spear in the U13B event.

Next up on track was the 800m, with Lauren taking a commanding victory. There were superb PB's for Darcey and Hollie-Anne, with Senna also producing a steady run as she works on pacing. Jamie Floyd produced a superb finish as he picked up places on the home straight to secure a PB in the U15 boys race.

Moving on to the 100m, and Caitlin Creaby was in exceptional form, running her fastest ever 100m, which was marginally over the wind limit. In the U15 race, Millie Wilkinson took a superb 1st place in the first race, with Hannah Wilson totally dominating the 2nd race as the girls took maximum points for the club. Back in the field and Senna Gorvett set a new PB as she took 2nd place, whilst Hannah Wilson also broke 8m. Hollie-Anne put in a solid performance, whilst there was a big new PB for Niamh.



In the high jump, Blyth picked up solid points even if there performances were not quite at their usual standard. Hannah took the U15 win, with Isla scoring big points, whilst Caitlin equalled her PB in the U13 girls event at the end of the day. Oscar Pichler returned from injury to take 4th place in the shot, just outside his seasons best.

Luke Pichler overcame early run-up issues to take victory in the U15 boy long jump, before the action resumed on the track in the 1500m. George Bryce produced a solid run in the U13 boys race, before Niamh Adams set a big new PB of 5:22.56s with an attacking race strategy. Moving onto the 200m, and Caitlin continued her fine day with her first ever sub-30s 200m run to take 3rd, but again sadly it was wind assisted. Luke Pichler also broke a landmark as he ran sub-24s to take victory, but again the wind gauge was not his friend. In the U15G race Hollie-Anne Sudder produced a massive PB of 27.98s, with Millie Wilkinson running her fastest 200m in two years as she was 2nd fastest overall. Isla Bell showed how far she has come with a superb run of 29.37s. Next up was the 300m, with Lauren showing fantastic versatility as she took victory with a personal best, with Darcey also recording a new PB.

The day finished with the 4x100 relays. We had two U15 teams racing, with the team of Bond/Wilson/Gorvett/Wilkinson taking a superb win in a seasons best time, extending their winnign streak to a year. Adams/Bell/Hirst/Sudder ran in the same race, running sub 60s.

So a fantastic day concluded - it really was an a brilliant team performance despite lower numbers than normal. Next up - we are closer to home at Whitley Bay, we would love to see some new faces taking part!



#### June 2022

The third NEYDL meet of the season also took place on Sunday at Whitley Bay, with our small but perfectly formed team producing some fine results. Jamie Floyd took 5th in the U13 boys 800m, whilst Jack Gibson was a fine 3rd in the 1500m on his NEYDL debut. Caitlin Creaby produced a strong run in the 100m, after dashing over from her long jump where she scored a big new PB of 3.59m. She also made her debut in the shot, with a best of 4.4m. Luke Stewart scored a massive PB in the U15 800m, his time of 2:49.5 taking 6 seconds off his previous best, with his great day rounded out by a shot put PB. In the 300m Hollie-Anne Sudder took 2nd place with 45.4 in her first time over this distance, with Lauren Creaby scoring maximum "B" string points with a great run. Lauren took a dominant 800m win, with Darcey Hirst also scoring big points. Hollie took 3rd in the hurdles, before smashing the javelin club record with 26.54m. The NEYDL season concludes next month at Middlesbrough.



#### July 2022

On Sunday, our NEYDL campaign concluded at a scorching Middlesbrough, with performances to match from our athletes. Oscar had a great day as our only U15 boy. He set a superb new PB in the shot put of 5.66m, and was just a few centimeters off his PB in the long jump. Older brother Luke was in record breaking form once again. Setting brand new league records and club records in the high jump (1.80m), and long jump (6.04m). Luke Stewart had a fantastic day with two big PB's. He recorded 2:43.20 in the 800m, with an excellent 6.14m in the shot put.

Once again our U15 girls provided the largest numbers by far and they delivered simply superb results. Conditions were not the best for distance running, but Darcey and Niamh gave it everything, scoring big points, with Niamh just a fraction outside her PB. Darcey smashed her 300m with a fine 47.8m later in the day.

Hannah Wilson started the day with a first place in the long jump with 4.79m, before stepping up to debut in the 300m where she took a commanding victory with a club record 42.0s. Isla had a tricky start in the hurdles, before recovering in fine style in the high jump as she scored a new PB of 1.30, and running an excellent 200m. Senna had a challenging long jump, but bounced back superbly to record big PB's in the shot put (8.59m) and 100m (13.2s) within a few minutes.

Hollie-Anne Sudder set 3 new PB's on a fine day. Her performances in the long jump (4.27m), shot put (6.78m) and 200m (27.1s) were superb. Emily started the day in the hurdles, where she took a strong 2nd place, although things didn't go to plan in the javelin with 3 no-throws. In the 200m, she tested her speed and was just a fraction outside her PB. Sadie Parker began the day with 1st place in the hurdles, before stepping it up in the high jump to secure a huge 8cm PB as she cleared 1.52m for 1st place. A hat-trick of victories was confirmed shortly after, as she recorded a PB of 26.4s in the 200m.

The day concluded with the 4x100 relay, with Sadie, Isla, Hollie and Hannah running a superb race to take 1st place with 52.6s, our fastest time this season.

We will return to division 2 next season - whilst we have competed to the very highest standard, and have the best points per athletes ration in the league - we just havent had the numbers to pick up the points needed against the larger clubs - next season it would be great to see so many more juniors out competing!



The NEYDL season kicked off at a Sunny Monkton, with a fantastic atmosphere and 15 athletes giving it their all.

#### U13's

The day started in style with Aman taking victory in the hurdles 'A' race, with India doing the same in the 'B' race to bring home maximum points. The long jump delivered solid performances from Aman and Fearne, before Amara flew to victory in the 100m 'A' race, with India setting a PB. There were more strong points delivered in the 200m by Amara and Fearne, whilst India and Amara took maximum points in a hectic high jump competition. Aman threw 14.62m in the Javelin on her debut in the event. The girls finished the day in fine style with 2nd place in the Relay

#### U15's

Oscar was our only U15 boy - and he produced fine performances in the field in the Javelin, shot put and long jump. His javelin PB was particularly impressive. Our 6 girls had a great day. Niamh finished at the sharp end in the 800m, with Caitlin working on race pacing. In the hurdles, Isla and Hollie-Anne delivered a photo-finish to take maximum points with PB's ,whilst Caitlin had the highlight of her day with her first ever 3-stride race and Izabela ran superbly as well. Talia was making her competition debut for the club and showed great strength and focus in the 100m, before showing great potential in the long jump where Izabela also showed fantastic spring. Hollie-Anne's 4.61m topped the competition, picking up big points. Isla had a solid shot put with an outdoor PB, whilst in the high jump Caitlin was just outside her PB, with Talia clearing 1.25m on debut. Hollie-Anne scorched to her first ever Sub-27 200m to take 2nd, whilst Izabela was brilliant on her 200m debut. Isla and Niamh both made their 300m debuts, finishing 2nd and 1st in their heats respectively. The girls finished the day by winning the 4x100m at a canter thanks to some great changeovers and relentless leg speed.

#### U17's.

Luke Pichler took a trio of wins in the pole vault, long jump, and 400m. The latter event was his first ever run over the 1-lap distance and he showed solid pacing. Hannah Wilson ran the fastest ever 100m by a Blyth athlete to take the win with 12.40s, whilst Sadie also set a big PB with 25.87 in the 200m for first place. Earlier on, Hannah and Senna took 1st and 2nd in the 80m hurdles on their event debuts, whilst Hannah breached the 5m barrier in the long jump for another win. Senna worked on technique and rhythm in the javelin with mixed results, but her highlight was undoubtedly the 300m hurdles where she took the win in a scorching 47.43 on her event debut. Sadie produced further solid results in the shot put and high jump for big points, before she led off the 4x100m team that scorched to victory.









#### May 2023

Match 2 of the NEYDL took place at a sunny Shildon on Sunday, with Blyth & Alnwick fielding our biggest team this decade! There was a superb team atmosphere throughout the day – here is how the fixture unfolded!

U13 boys – Ben Compton made his NEYDL debut, and scored massive points with 2nd place finishes in all 3 events – 100m, 200m and javelin, all of which were PB performances. Jamie Floyd scored big points in the 800m, thanks to a stunning 15-seconds personal best as he recorded 2:39.97, and he then turned his hand to Long jump, showing great potential.

U13 Girls – Hurdles started the day for the U13 girls, with India working hard and hitting her 3-stride rhythm, whilst Safia won her heat and Fearne scored a new personal best. In the long jump, Francesca was superb on her debut, with India also scoring strong points. Fearne, took part in her first ever 800m, showing superb consistent pacing, whilst Francesca took on the challenge of the 1500m, recording the fastest time ever in the NEYDL by a Blyth U13 athlete, fantastic! In the shot put there were more strong points picked up by Francesca and Fearne, whilst Safia put in a superb run in the 100m. In the High jump, India was just outside her PB as she took 2nd, whilst Safia cleared her opening height before sensibly withdrawing with a sore knee. The U13 relay team produced a fine performance, to snatch a brilliant 3rd place finish.

U15 Boys – Dexter and George were in fine form, with Dexter kicking things off in the 800m, recording a time of 2:42.16 on his NEYDL debut. In the 1500m George was just outside his personal best in tricky conditions for middle distance running. Latest on Dexter made his 200m debut, producing a strong performance.

U15 Girls – We had 6 athletes in this age group – and they produced many fine performances. In the hurdles, there were brilliant breakthrough races for Hollie-Anne and Izabela, with Hollie-Anne taking 1st place with a PB and Izabela taking over 3 seconds of her previous best as the girls scored max points. Caitlin Creaby scored a PB in the 100m to take 1st place, with Izabela also picking up good points. In the 200m, Isla scored a PB to take 2nd, with Abi making a welcome return to competition and taking 2nd in the 'B' comp, with Talia taking part in her first race over the distance. Hollie-Anne's superb day continued with a commanding 300m PB and victory, with Caitlin winning her heat by a mile on her first race over the distance. In the field, the long jump was a struggle for Abi and Isla, but there were better fortunes in the shot put with Abi taking 1st place with an outdoor PB, with Isla taking maximum 'B' points and Talia throwing 5.71m on debut. In the Javelin, Hollie-Anne took yet another win, whilst Caitlin scored maximum 'B' points with a huge throw on debut. The high jump saw Izabela and Talia work hard and they picked up solid points, before the 4x100 team took a clear and convincing victory with a huge seasons best.



U17 Women – The hurdles saw Sadie score a huge new PB to take 1st place in 12.18s, with Senna also scoring well with a solid run. Amber Wright made her NEYDL debut, with a 200m PB for 2nd place being a fine result. In the 300m, Hannah Wilson produced a sublime run to record a PB of 41.33 for 1st, with Senna taking maximum points in the 'B' event. Lauren Creaby produced another exhilarating 800m to take victory in the scorching conditions, in a race that she led from the front. In the field, there were great scenes in the high jump. Emily Bond showed superb energy and technique for a 1.45m seasons best, with Sadie showing improvement on recent form with 1.50m. Amber was on cloud nine, after adding 11cm to her PB with a 1.53m clearance to take 2nd.

In the Javelin, Emily produced a fine series of throws to take the U17 club record with 21.10m, which secured 2nd place, whilst in the shot put Senna Gorvett (9.49m) and Amber Wright (6.10m) were both delighted with big new PB's. The day finished with the 4x100 relay, with the Blyth team scorching to a seasons best of 51.96s despite some poor changeovers to take victory.

We finished the match in a superb 2nd position – meaning we are well in promotion contention as we head into the 2nd half of the season. Thank you as always, to all those who volunteered and supported. Its very much appreciated.

#### June 2023

The third NEYDL fixture took place on Sunday at Monkton Stadium, with our small but brilliant squad producing many fine results. In the 100, Ben was 2nd in the U13 boys race, whilst Amara was 3rd fastest overall in the girls U13 race, with Fearne scoring a PB. Talia was just outside her PB in the U15 girls race. In the 200m there was a PB for Ben as he scored more solid points, whilst India recorded a time of 33.88 on her event debut. Niamh Adams starred in the 300m winning her heat with a massive PB.

In the 800m, Dexter had a strong race, finishing just outside his PB, with Francesca setting a great PB on her 800m debut in the U13 girls race. In the U15 race, Niamh scored another big PB to take 2nd in 2:32.37. In the 70m hurdles, Aman and India picked up really strong points, whilst out in the field Ben set a big new personal best of 9.06m in the shot put to take the win. Amara took great points home in the U13 girls event with 6.2m, whilst Francesca and Fearne threw well. Talia was 4th in the U15 girls event, whilst in the Javelin Aman scored a brilliant PB of 18.23m to take home big points for the team. Amara took 2nd in the high jump, whilst Fearne cleared 1.05m on her event debut. Aman had a strong long jump, as the team took max points, with India and Francesca jumping well, with a PB for Francesca. Talia was a little off her PB in the long jump, but still scored solid points. In the Relays the U13 boys team were 3rd, with our U13 girls team also taking 3rd with a seasons best time.

With our smaller than usual team, as expected we did not finish as high as usual – with 6th place being a very respectable result. This means we have dropped to 3rd in the league, just out of the promotion places with one fixture remaining. All we can do is go out there and give it our all in the season finale on the 16th July at Shildon. Thanks to all who helped, supported and officiated!





#### July 2023

The NEYDL season concluded on Sunday, with 16 of our young athletes combining with our Alnwick team-mates to finish the season in fine style. Here is how the day unfolded.

#### U13/U15Boys

Our fantastic three were all in PB form. Ben Compton took a superb victory in the 100m, in a personal best time of 13.73s, also taking the win in the shot put, and recording a personal best in the long jump. Jamie Floyd took 3rd place in the 800m, and sored great points on his shot put debut. George Bryce took 5 seconds off his PB in the 800m, and also stepped up to the high jump taking a brilliant win on his event debut!

### U13 Girls

Aman Sanghera was on course for victory in the hurdles, before clattering the penultimate hurdle. She recovered well to take 2nd in her heat. India Gorvett and Fearne Bell both had break-out performances in their hurdles races, scoring huge PB's. Aman went on to score solid points in the long jump and javelin, whilst Fearne ran a solid 100m and India recorded a shot put PB, with both Fearne and India enduring a challenging high jump. Amara O'Callaghan scored well in the 100m and long jump, before setting a new PB in the 200m with a strong run. Francesca Moir set a huge personal best in the shot put, also performing well in the long jump and 1500m. India, Amara and Aman teamed up to help the 4x100 relay team to a 2nd place finish in a seasons best time.



#### U15 Girls

It was a busy day for our U15 girls. Abigail Huntly had a day to remember. In the 75m hurdles, she produced a scorching run to take 1st place in a club record 11.99s, securing her the entry standard for national championships. Later on she took 1st in the high jump with another PB, and scored a 3rd PB of the day in the 200m. Isla Bell recorded new personal bests in the 100m and 200m, and scored great points for the team in the high jump. Hollie-Anne Sudder was also in top form, recording her first ever sub-13 clocking in the 100m with 12.88, and she also launched the javelin to more than 30m for the 1st time to take victory. Earlier on, she had taken 1st place in the long jump.

Talia Green started the day with solid performances in the long jump and shot put, where she took 3rd place. The highlight of her day was the 200m, where she produced a superbly paced run to score a big new personal best. Izabela Walton started the day with a brilliant hurdles run,winning her heat in a personal best time. A poor start in the 100m stalled her progress, but she then threw a shot put personal best. The relay team was made up of Abi, Hollie-Anne, Isla and Izabela, and they took a convincing win in their fastest time of the season.



### U17 Girls

Amber Wright took 2nd place in the 80m hurdles,with one of her fastest times of the season, and she followed this up with anew PB in the 100m. Whilst she did not clear the heights she was aiming for, her 1st place in the high jump scored great points for the team. Sadie Parker showed great accuracy on the board to take 1st place in the long jump, with a best of 5.49m (which she achieved twice) to take the all-time NEYDL league record. Later on, she took 1st place in the 200m, before winning the triple jump on her event debut. Senna had a strong day– a 4.74m long jump brought home max points for Blyth, as did a superb 200m race where she was just outside her PB. Another 9m+ shot put was another consistent result, with Senna then anchoring the 4x100m relay team to 2nd place alongside Sadie and Amber.

We finished the fixture and season 3rd in the table out of 8 teams. Whilst we often had one of the smallest teams in terms of numbers, the quality and commitment of our athletes has delivered this fantastic league position. Over the course of the 4 fixtures 25 athletes have represented Blyth – you should all be very proud of yourselves. A huge thank you also to all who have volunteered and officiated throughout the season, and provided a fantastic support team for the young athletes.

DIV 2	23rd	April	21st	May	25th	June	16th	July	League Points	Match Points
Birtley/J&H/Phoenix	8	676	8	756	8	733	8	695	32	2860
Houghton/Derwent/Tyne B	5	548	6	588.5	7	614	5	568	23	2318.5
Blyth/Alnwick	7	599	7	626.5	3	393	6	589	23	2207.5
Morpeth	3	466	5	565	6	580	7	679	21	2290
CLS/Durham	6	570	4	551	5	533	3	410	18	2064
Blaydon/Wallsend/Gosforth	4	478	3	363	4	505	4	471	15	1817
Middlesbrough	2	374	2	332	2	364	2	340	8	1410
Tynedale/Prudoe	1	241	1	275	1	261	1	236	4	1013

# 100m

Age Group	M/F	Athlete	Performance	Date	Athlete	Performance	Date	Athlete	Performance	Date	Athlete	Performance	e Date	Athlete	Performance	Date
U13	F	Maya Turner	13.6	23/06/2019	Abigail Huntly	13.8	17/07/2021	Millie Wilkinson	14	20/07/2019	Sadie Parker	14	23/06/2019	Madeleine Liddell	14.4	15/07/2018
U15	F	Millie Wilkinson	12.6	17/07/2021	Hannah Wilson	12.74*	22/05/2022	Hollie-Anne Sudder	12.88*	16/07/2023	Mia Liddell	13	29/04/2018	Senna Gorvett	13.2	17/07/2022
U17	F	Hannah Wilson	12.40s	23/04/2023	Heather Macdonald	12.5	29/04/2018	Alice Dungworth	13	17/05/2015	Abbi Willis	13.4	17/07/2016	Amber Wright	13.48	16/07/2023
U13	м	Joshua Chrisp	13.2	23/06/2019	Ben Compton	13.73	16/07/2023	Josh Fiddaman	14.1	20/07/2014	Joseph Anderson	14.4	23/06/2019	Alex Walker	14.5	23/06/2019
U15	м	Dale Turner	11.7	16/07/2017	Stewart Bestford	12.1	20/07/2019	John Wilson	12.4	16/07/2017	Cameron William	12.7	20/07/2014	Alex Barron	12.7	30/04/2017
U17	м	Adam Wright	11.9	29/06/2014	Koffi Avornyo	11.9	17/07/2021	Jake Masterman	12.2	17/05/2015	Alfie Ward	12.2	20/07/2019	Cameron Moore	12.2	26/06/2016

## 200m

U13	F	Hannah Wilson	28.3	28/04/2019	Sadie Parker	28.5	28/04/2019	Maya Turner	28.8	23/06/2019	Millie Wilkinson	29.8	23/06/2019	Caitlin Creaby	29.91*	22/05/2022
U15	F	Hannah Wilson	26	17/07/2021	Sadie Parker	26.4	17/07/2022	Hollie-Anne Sudder	26.73	23/04/2023	Millie Wilkinson	27.57*	22/05/2022	Isla Bell	28.01	16/07/2023
U17	F	Heather Macdonald	25.7	24/06/2018	Sadie Parker	25.87	23/04/2023	Senna Gorvett	26.54	16/07/2023	Charlotte Ramsay	27.4	28/04/2013	Amber Wright	27.93	21/05/2023
U13	м	Joshua Chrisp	27.3	20/07/2019	Ben Compton	29.13	25/06/2023	Joseph Anderson	29.6	23/06/2019	Taylor Glover	30.7	28/07/2013	Alex Walker	30.8	18/05/2019
U15	м	Luke Pichler	23.78*	22/05/2022	Dale Turner	24.4	30/04/2017	Stewart Bestford	25.3	28/04/2019	John Wilson	25.5	25/06/2017	Alex Barron	26.5	30/04/2017
U17	м	Dale Turner	23.6	24/06/2018	Adam Swalwell	23.9	30/04/2017	Adam Wright	24.3	29/06/2014	Josh Fiddaman	24.9	24/06/2018	Cameron Moore	25	26/06/2016

## 300m

U15	F	Hannah Wilson	42	17/07/2022	Hollie-Anne Sudder	43.51	21/05/2023	Mia Liddell	43.7	29/04/2018	Sadie Parker	44.1	16/05/2021	Caitlin Creaby	44.74	21/05/2023
U17	F	Heather Macdonald	41.1	29/04/2018	Hannah Wilson	41.33	21/05/2023	Alice Dungworth	43.2	20/07/2014	Senna Gorvett	44.05	21/05/2023	Ella Wood	49.6	20/07/2014
U15	M	Dale Turner	38.2	16/07/2017	Adam Swalwell	40.9	28/06/2015	John Wilson	41.9	21/05/2017	Taylor Glover	44.8	29/06/2014	Owen Coyle	47.4	23/06/2019

## **400m**

U17	м	Josh Fiddaman	53.8	24/06/2018	Adam Swalwell	54.3	30/04/2017	Luke Pichler	55.48	23/04/2023	Jake Masterman	56	19/07/2015	John Wilson	58.5	28/04/2019

## 800m

U13	F	Abi Fiddaman	02:40.1	21/05/2017	Niamh Adams	02:46.6	17/07/2021	Lauren Creaby	02:48.8	20/07/2019	Hannah Wilson	02:49.6	18/05/2019	Caitlin Creaby	02:52.02s	20/06/2021
U15	F	Lauren Creaby	02:22.305	22/05/2022	Niamh Adams	02:32.37s	25/06/2023	Darcey Hirst	02:36.06s	22/05/2022	Senna Gorvett	02:38.235	22/05/2022	Abi Fiddaman	02:39.6	24/06/2018
U17	F	Lauren Creaby	2:16.20s	21/05/2023	Charlie Hedley	02:35.0	28/04/2013	Erin Scott	02:54.4	27/04/2014						
U13	M	Connor Marshall	02:39.3	30/06/2013	Jamie Floyd	02:39.97s	21/05/2023	Frankie Foster	02:46.4	17/07/2021	George Bryce	02:47.0	24/04/2022	Jamie Floyd	02:54.08s	22/05/2022
U13 U15	M	Connor Marshall Josh Fiddaman		30/06/2013 28/06/2015			21/05/2023 01/06/2014			17/07/2021 16/07/2023			24/04/2022 26/04/2015			22/05/2022 02/06/2013

## 1500m

U13	F	Francesca Moir	06:25.88s	21/05/2023	Rebecca Allan	07:28.9	23/06/2019									
U15	F	Niamh Adams	05:22.56s	22/05/2022	Erin Scott	05:44.4	28/07/2013	Lucy Ross-Knight	06:25.4	28/07/2013	Emily Brown	06:34.8	24/06/2018			
U17	F	Charlie Hedley	05:21.3	30/06/2013	Erin Scott	05:46.5	30/06/2013									
U13	м	Taylor Glover	04:52.2	28/07/2013	Josh Fiddaman	04:53.8	29/06/2014	Connor Taggart	05:13.8	20/07/2019	Jack Gibson	05:14.3s	26/06/2022	Connor Marshall	05:26.8	02/06/2013
U15	м	Josh Fiddaman	04:32.8	01/05/2016	Taylor Glover	04:38.4	29/06/2014	Liam Marsh	04:58.3	19/07/2015	Connor Marshall	05:05.0	29/06/2014	George Bryce	05:19.78s	21/05/2023
U17	м	Josh Fiddaman	04:13.8	20/05/2018	James Young	04:30.9	27/04/2014	Joey Orange	05:14.9	28/04/2013						

# Sprint Hurdles

U13	F	Abigail Huntly	12.1	17/07/2021	Ellie Morris	12.5	28/06/2015	Hannah Wilson	12.7	20/07/2019	Aman Sanghera	12.85	23/04/2023	Sadie Parker	13	28/04/2019
U15	F	Abigail Huntly	11.99*	16/07/2023	Emily Bond	12	17/07/2021	Hannah Wilson	12.2	24/04/2022	Sadie Parker	12.2	24/04/2022	Mia Liddell	12.6	29/04/2018
U17	F	Sadie Parker	12.18	21/05/2023	Millie Train	12.5	17/07/2021	Hannah Wilson	12.64	23/04/2023	Amber Wright	12.84	16/07/2023	Senna Gorvett	13.14	23/04/2023
U13	м													1		
U15	м	Luke Pichler	11.34*	22/05/2022	John Wilson	13.1	16/07/2017									
U17	M	Alfie Ward	15.3	23/06/2019										1		

### **300m Hurdles**

U17 | F Senna Gorvett 47.43 | 23/04/2023 Ella Wood | 54.1 | 19/07/2015 Chloe Barrass | 58.9 | 16/07/2016

## **400m Hurdles**

U17 M Jake Masterman 64.3 28/06/2015 John Wilson 67.9 15/07/2018

## **Triple Jump**

					_								
U17	F	Sadie Parker	10.32m	16/07/2023	Ellie Morris	9.03m	15/07/2018	Erin Anderson	8.58m	20/07/2019	Erin Scott	7.25m	19/07/2015
U17	м	Adam Wright	12.32m	20/07/2014	Jake Masterman	10.79m	19/07/2015						

## NEYDL RECORDS #TEAMBLYTH

## **Pole Vault**

U15	F	Hannah Walker	1.90m	20/07/2019			
U17	F						
U15	М						
U17	М	Luke Pichler	2.90m	23/04/2023			

# **High Jump**

									_							
U13	F	Ellie Morris	1.40m	28/06/2015	Hannah Wilson	1.35m	20/07/2019	Poppy Wilson	1.35m	17/07/2021	Amelia Faihurst	1.23m	21/05/2017	Caitlin Creaby	1.20m	24/04/2022
U15	F	Ellie Morris	1.53m	16/07/2017	Sadie Parker	1.52m	17/07/2022	Hannah Wilson	1.50m	17/07/2021	Senna Gorvett	1.50m	24/04/2022	Emily Bond	1.45m	20/06/2021
U17	F	Ellie Morris	1.56m	24/06/2018	Heather Macdonald	1.55m	23/06/2019	Amber Wright	1.53m	21/05/2023	Sadie Parker	1.50m	21/05/2023	Millie Train	1.45m	20/06/2021
U13	м	Josh Fiddaman	1.15m	28/07/2013	Joseph Anderson	1.05m	23/06/2019	Daniel Bradley-Njai	1.00m	16/07/2017						
U15	м	Luke Pichler	1.80m	17/07/2022	Koffi Avornyo	1.72m	23/06/2019	Dale Turner	1.61m	16/07/2017	Cameron William	1.57m	29/06/2014	Stewart Bestford	1.48m	18/05/2019
U17	м	Koffi Avornyo	1.75m	16/05/2021	Jake Masterman	1.48m	28/06/2015	Layton Robinson	1.45m	01/05/2016	Cameron Moore	1.25m	26/06/2016			

### Long Jump

F	Hannah Wilson	4.26m	23/06/2019	Sadie Parker	4.25m	18/05/2019	Abigail Huntly	4.11m	20/06/2021	Abi Fiddaman	3.76m	30/04/2017	Ellie Campbell	3.65m	17/05/2015
F	Hannah Wilson	4.84m	20/06/2021	Emily Bond	4.80m	17/07/2021	Hollie-Anne Sudder	4.61m	23/04/2023	Sadie Parker	4.43m	17/07/2021	Senna Gorvett	4.27m	17/07/2022
F	Sadie Parker	5.49m	16/07/2023	Hannah Wilson	5.13m	23/04/2023	Senna Gorvett	4.74m	16/07/2023	Erin Anderson	4.27m	20/07/2019	Alice Dungworth	4.12m	01/06/2014
м	Joshua Chrisp	4.72m	20/07/2019	Jack McDonagh	4.07m	16/07/2016	Alex Walker	3.90m	28/04/2019	Joseph Anderson	3.89m	18/05/2019	Connor Taggart	3.79m	23/06/2019
м	Luke Pichler	6.04m	17/07/2022	Stewart Bestford	5.25m	20/07/2019	Koffi Avornyo	4.22m	23/06/2019	Adam Swalwell	4.15m	29/06/2014	Owen Coyle	4.03m	23/06/2019
м	Luke Pichler	6.52m	23/04/2023	Alfie Ward	5.79m	23/06/2019	Koffi Avornyo	5.68m	17/07/2021	Dale Turner	5.30m	20/05/2018	Stewart Bestford	5.11m	28/04/2019
		F Hannah Wilson F Sadie Parker M Joshua Chrisp M Luke Pichler	F Hannah Wilson 4.84m   F Sadie Parker 5.49m   M Joshua Chrisp 4.72m   M Luke Pichler 6.04m	F Hannah Wilson 4.84m 20/06/2021   F Sadie Parker 5.49m 16/07/2023   M Joshua Chrisp 4.72m 20/07/2019   M Luke Pichler 6.04m 17/07/2022	F Hannah Wilson 4.84m 20/06/2021 Emily Bond   F Sadie Parker 5.49m 16/07/2023 Hannah Wilson   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m   F Sadie Parker 5.49m 16/07/2023 Hannah Wilson 5.13m   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford 5.25m	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m 17/07/2021   F Sadle Parker 5.49m 16/07/2023 Hannah Wilson 5.13m 23/04/2023   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m 16/07/2016   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford 5.25m 20/07/2019	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m 17/07/2021 Hollie-Anne Sudder   F Sadie Parker 5.49m 16/07/2023 Hannah Wilson 5.13m 23/04/2023 Senna Gorvett   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m 16/07/2016 Alex Walker   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford 5.25m 20/07/2019 Koffi Avornyo	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m 17/07/2021 Hollie-Anne Sudder 4.61m   F Sadle Parker 5.49m 16/07/2023 Hannah Wilson 5.13m 23/04/2023 Senna Gorvett 4.74m   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m 16/07/2016 Alex Walker 3.90m   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford 5.25m 20/07/2019 Koffi Avornyo 4.22m	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m 17/07/2021 Hollie-Anne Sudder 4.61m 23/04/2023   F Sadle Parker 5.49m 16/07/2023 Hannah Wilson 5.13m 23/04/2023 Senna Gorvett 4.74m 16/07/2023   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m 16/07/2016 Alex Walker 3.90m 28/04/2019   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford 5.25m 20/07/2019 Koffi Avornyo 4.22m 23/06/2019	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m 17/07/2021 Hollie-Anne Sudder 4.61m 23/04/2023 Sadie Parker   F Sadie Parker 5.49m 16/07/2023 Hannah Wilson 5.13m 23/04/2023 Senna Gorvett 4.74m 16/07/2023 Erin Anderson   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m 16/07/2016 Alex Walker 3.90m 28/04/2019 Joseph Anderson   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford 5.25m 20/07/2019 Koffi Avornyo 4.22m 23/06/2019 Adam Swalwell	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m 17/07/2021 Hollie-Anne Sudder 4.61m 23/04/2023 Sadie Parker 4.34m   F Sadie Parker 5.49m 16/07/2023 Hannah Wilson 5.13m 23/04/2023 Senna Gorvett 4.74m 16/07/2023 Erin Anderson 4.27m   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m 16/07/2016 Alex Walker 3.90m 28/04/2019 Joseph Anderson 3.89m   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford 5.25m 20/07/2019 Koffi Avornyo 4.22m 23/06/2019 Adam Swalwell 4.15m	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m 17/07/2021 Hollie-Anne Sudder 4.61m 23/04/2023 Sadie Parker 4.43m 17/07/2021   F Sadie Parker 5.49m 16/07/2023 Hannah Wilson 5.13m 23/04/2023 Senna Gorvett 4.74m 16/07/2023 Erin Anderson 4.27m 20/07/2019   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m 16/07/2016 Alex Walker 3.90m 28/04/2019 Joseph Anderson 3.89m 18/05/2019   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford 5.25m 20/07/2019 Koffi Avornyo 4.22m 23/06/2019 Adam Swalwell 4.15m 29/06/2014	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m 17/07/2021 Hollie-Anne Sudder 4.61m 23/04/2023 Sadie Parker 4.43m 17/07/2021 Senana Gorvett   F Sadie Parker 5.49m 16/07/2023 Hannah Wilson 5.13m 23/04/2023 Senana Gorvett 4.74m 16/07/2023 Erin Anderson 4.27m 20/07/2019 Alice Dungworth   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m 16/07/2016 Alex Walker 3.90m 28/04/2019 Joseph Anderson 3.89m 18/05/2019 Connor Taggart   M Luke Pichler 6.04m 17/07/2022 Stewart Bestford 5.25m 20/07/2019 Koffi Avornyo 4.22m 23/06/2019 Adam Swalvell 4.15m 29/06/2014 Owen Coyle	F Hannah Wilson 4.84m 20/06/2021 Emily Bond 4.80m 17/07/2021 Hollie-Anne Sudder 4.61m 23/04/2023 Sadie Parker 4.43m 17/07/2021 Senna Gorvett 4.7m   F Sadie Parker 5.49m 16/07/2023 Hannah Wilson 5.13m 23/04/2023 Senna Gorvett 4.7m 16/07/2023 Erin Anderson 4.27m 20/07/2019 Alice Dungworth 4.1m   M Joshua Chrisp 4.72m 20/07/2019 Jack McDonagh 4.07m 16/07/2013 Senna Gorvett 4.27m 26/04/2013 Erin Anderson 3.89m 18/05/2019 Alice Dungworth 4.12m   M Juske Pichler 6.04m 17/07/2023 Stewart Bestford 5.25m 20/07/2019 Koffi Avornyo 4.22m 23/06/2019 Adam Swalwell 4.15m 29/06/2014 Owner Coyle 4.03m

# Javelin

U13	F	Ellie Allan	17.59m	18/05/2019	Hannah Wilson	16.40m	28/04/2019	Aman Sanghera	14.62m	23/04/2023	Martha Joseph	10.06m	25/06/2017	Sadie Parker	9.99m	28/04/2019
U15	F	Hollie-Anne Sudder	30.08m	16/07/2023	Emily Bond	18.37m	22/05/2022	Caitlin Creaby	17.80m	21/05/2023	Sadie Parker	12.97m	20/06/2021	Cissie Robson	12.45m	21/05/2017
U17	F	Emily Bond	21.10m	21/05/2023	Chloe Barrass	20.04m	16/07/2017	Millie Train	18.13m	17/07/2021	Senna Gorvett	15.25m	23/04/2023			
U13	M	Kia Rezai	22.68m	15/07/2018	Ben Compton	19.02m	21/05/2023	Sam Browning	15.67m	15/07/2018	Josh Fiddaman	15.08m	01/06/2014	Taylor Glover	14.45m	30/06/2013
U15	M	Matthew Fairhurst	36.85m	16/07/2016	Dale Turner	23.58m	21/05/2017	athew Eltringham-Davis	21.29m	25/06/2017	Oscar Pichler	11.76m	23/04/2023	Josh Fiddaman	6.02m	19/07/2015
U17	м	Matthew Fairhurst	45.80m	24/06/2018	Dale Turner	37.38m	20/05/2018	Alfie Ward	21.92m	15/08/2019	Layton Robinson	19.46m	22/05/2016			

# Shot Put

U13	F	Abigail Huntly	8.31m	17/07/2021	Ellie Allan	5.89m	23/06/2019	Sadie Parker	5.69m	23/06/2019	Marli Graham	5.62m	16/07/2016	Rebecca Barton	5.44m	29/06/2014
U15	F	Senna Gorvett	8.59m	17/07/2022	Abigail Huntly	8.55m	21/05/2023	Sadie Parker	8.38m	24/04/2022	Hannah Wilson	8.20m	22/05/2022	Emily Bond	8.08m	17/07/2021
U17	F	Senna Gorvett	9.49m	21/05/2023	Sadie Parker	9.28m	23/04/2023	Millie Train	8.60m	24/04/2022	Heather Macdonald	7.48m	23/06/2019	Alice Dungworth	6.86m	28/06/2015
U15	М	Dale Turner	10.89m	25/06/2017	Luke Pichler	10.11m	20/06/2021	Matthew Fairhurst	9.96m	16/07/2016	John Wilson	6.03m	25/06/2017	Taylor Glover	5.97m	01/06/2014
U17	М	Dale Turner	10.53m	20/05/2018	Alfie Ward	9.17m	20/07/2019	Matthew Fairhurst	9.83m	29/04/2018	Jake Masterman	8.38m	26/04/2015	John Wilson	6.74m	15/07/2018
U13 3.25k	М	Joel Jenkins	4.79m	30/04/2017	Adam Swalwell	4.15m	28/04/2013	Thomas Farmery	4.08m	29/06/2014	Ethan Anderson	3.32m	21/05/2017	Daniel Bradley-Njai	2.91m	16/07/2017
U13 3k	м	Benjamin Compton	9.06m	25/06/2023	Oscar Pichler	5.66m	17/07/2022	Jamie Floyd	4.51m	16/07/2023	ristopher Bradley-N	3.93m	18/05/2019			

### Hammer

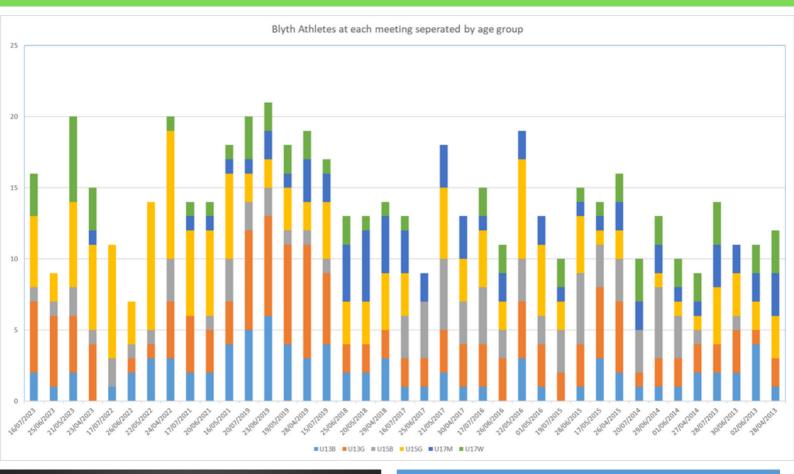
U15	F	Olivia Quinn	14.39m	16/07/2016						
U17	F									
U15	Ν									
U17	м	Matthew Fairhurst	19.29m	29/04/2018	Adam Swalwell	17.83m	16/07/2017	Chris Sheffer	12.24m	28/04/2013

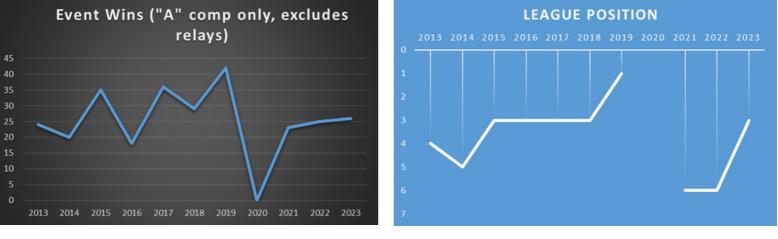
### Discus

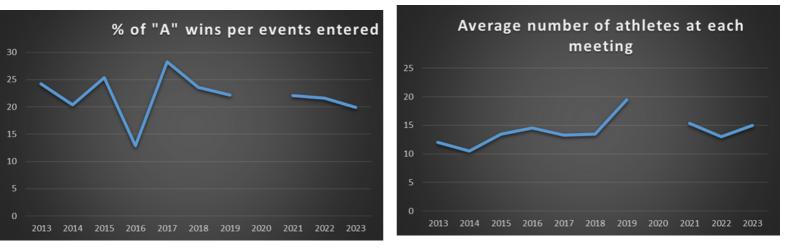
U13	F	Hannah Wilson	14.16m	23/06/2019	Ellie Allan	12.73m	23/06/2019									
U15	F	Hannah Walker	16.99m	18/05/2019	Fern Anderson	15.38m	28/04/2013	Mia Liddell	14.60m	15/07/2018	Michaela Patterson	11.94m	02/06/2013	Mae Waters	11.47m	20/07/2019
U17	F	Heather Macdonald	15.83m	23/06/2019												
U13	м	Alex Walker	12.64m	23/06/2019												
U15	м	Dale Turner	23.05m	21/05/2017	Josh Fiddaman	18.78m	16/07/2016	Taylor Glover	16.16m	29/06/2014	Liam Marsh	14.24m	19/07/2015	Adam Swalwell	12.76m	28/06/2015
U17	м	Matthew Fairhurst	24.82m	20/05/2018	Adam Swalwell	17.07m	22/05/2016	Josh Fiddaman	17.04m	25/06/2017	James Young	17.02m	30/06/2013	Layton Robinson	16.70m	01/05/2016

### 4x100m

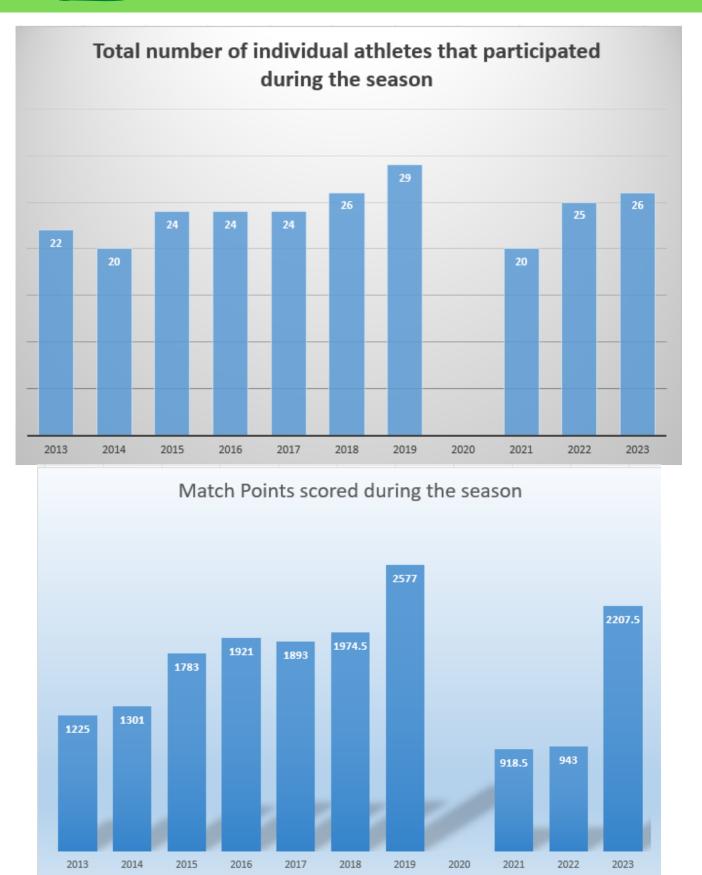
U13	F	Parker/Wilson/ Wilkinson/Turner	55.5	23/06/2019	Parker/Wilson/ Wilkinson/Turner	55.9	28/04/2019	Unknown	58.6	20/07/2019	Gorvett/Alnwick/Sangher a/O'Callaghan	61.25	16/07/2023	Unknown	61.9	18/05/2019
U15	F	Parker/Wilkinson/Bond/Wilson	51.9	17/07/2021	Wilkinson/Gorvett/Bon d/Wilson	52.44	20/06/2021	Parker/Bell/Sudder/Wilson	52.6	17/07/2022	Bond/Wilson/Gorvett/Wi Ikinson	52.62	24/04/2022	Huntly/Wilkinson/Gorvett/ Wilson	53	24/04/2022
U17	F	Parker/Gorvett/Wright/Wilson	51.96	21/05/2023	Parker/Gorvett/Green/ Wilson* non-scoring as U15 athlete	52.37	23/04/2023	Wright/Alnwick/Parker/Gorve tt	53.14	16/07/2023	Quinn/Gurney/ Kutyla/Wood	56.3	19/07/2015	Barrass/Ross-Knight/ Morris/Quinn	56.4	16/07/2016
U13	м	Anderson/Walker/ Horsman/Chrisp	58.7	23/06/2019	Unknown	60.1	20/07/2019	Horsman	63.4	29/04/2018	Anderson/Martin	65.3	21/05/2017	Unknown	66.5	26/06/2016
U15	м	Tuner/Barron/Wilson	50.5	30/04/2017	Turner/Wilson	50.6	16/07/2017	Kyle/Turner/ Wilson/Eltringham-Davison	52.3	21/05/2017	Unknown	58	16/07/2016	Unknown	59.4	28/04/2019
U17	м	Ward/Wilson	50.7	23/06/2019	Wilson/Fiddaman	51	29/04/2018	Swalwell/Turner/Robinson	53.6	22/05/2016	Unknown	53.6	20/05/2018	Robinson/Fiddaman/ Swahwell	54.1	01/05/2016







There was no NEYDL in 2020 due to Covid, and the 2021 season was shortened and featured no promotion/relegation



There was no NEYDL in 2020 due to Covid, and the 2021 season was shortened and featured no promotion/relegation, and the league structure changed in 2023, with more ponts availabe.



Below table shows every junior that has competed in NEYDL for Blyth. The "wins" column is only for 'A' events, 'B' wins and relay victories are excluded



BLYTH RUNNING CLUB JUNIORS

Below table shows every junior that has competed in NEYDL for Blyth. The "wins" column is only for 'A' events, 'B' wins and relay victories are excluded

						_	013					_	014					20						201	16					201	7				-	201	8				_	019	_					021					_	022					_	023	
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GUICK GTAT 10 athletes won individual events in April 2023 - the most ever!

